

2016 FLTC Cross-County Series Cattaraugus County and the Enchanted Mountains of Western New York



Marty Ruszaj, 2016 County Hike Series Coordinator

Looking for a challenge this summer? How about joining us on the Finger Lakes main trail hiking through Cattaraugus County? This year the series will feature the scenic lands at the western terminus of the FLT. Those of us living in this part of the state realize that none of the elevations that we enjoy in our travels qualify as "mountains". However, as part of this year's series as the trail passes into the Allegheny plateau we will encounter a total ascent of over 10,000 feet. To put this in perspective, our highest NYS peak (Mt. Marcy) has an elevation of 5344 feet. Of course we will be hiking the 96-miles of the series over a course of 8 hikes. The 8 hikes will take place over 6 weekends—April to September—with 2 two-hike weekends and 4 single-hike weekends. We will also offer half-hike and marathon hike variations.

Two-hike weekends

Since many of our members may be coming from the eastern part of the State, we plan to have two weekend hikes and will have available overnight accommodations in June and September.

In June for the Ellicottville area, arrangements have been made with a local resort center to provide a choice of accommodations for FLTC members at a discounted rate. Reservations can be made directly with:

Stephanie Steinmetz, Sales Conference Manager, Holiday Valley Resort and Conference Center, <u>ssteinmetz@holidayvalley.com</u>, 716-812-5489

Please make sure you make this reservation under the **FLTC Group** to qualify for the discounted rate.

FLTC has been working closely with the Cattaraugus County Tourism to ensure hikers enjoy their time in the County. They have provided an extensive listing of places to eat and places to stay. To link to this document, click here:

If you need additional information about the County, please contact:

Becky Smith, Tourism Assistant blsmith@CattCo.org, 716-938-2307

In September our hikes will cover New York's largest state park—Allegheny State Park (ASP). FLTC has secured reservation at Camp Turner in the Quaker Run Area of the Park. Reserved space will accommodate our entire hiking group for the series. These are bunk style cabins with shared facilities. Meals will be available. A separate reservation for Camp Turner will be available in early May.

Half-Hike Option

The average hike distance for the series will be 12-miles. If this challenge isn't your cup of tea, you can complete the series through manageable 5 to 8 mile intervals. FLTC member and Foothills Trail Club president Donna Flood has organized a series of half-hikes. This will include 14 hikes over 12 weekends. Contact Donna at <u>dmflood@roadrunner.com</u>





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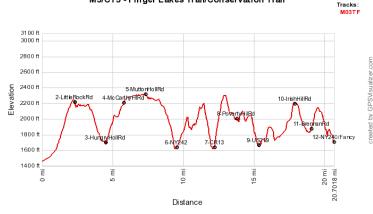


Marathon Hikes

In case you want more of a challenge, Mike Schlicht will be leading a group that will be marathon hiking the two hikes in June as a single day, hike total is 24.6 miles. A quick look of the elevation plot of the Ellicottville area shows a resemblance of our stock market. So these dawn to dusk hikes will be as much of a challenge as keeping growth in your 401k.

Similarly in September the single day total will be 21.4 miles through ASP.

Contact Mike at pageazi@yahoo.com



M3/CT3 - Finger Lakes Trail/Conservation Trail

Choose your pace

When you register, you can indicate your hiking speed:

Fast, Medium-Fast, Medium, Medium-Slow, Slow, or Half Hike. Half Hikes will be in a one speed group that will vary between Medium, Medium-Slow, and Slow.

Hike Dates

8 Hikes Option		<u> 14 Hikes / Half-Hike Option</u>	
April 16	July 16	April 16 and 23	July 16 and 23
May 21	August 20	May 21 and 28	August 20 and 27
June 11	September 17	June 10 and 11	September 16 and 17
June 12	September 18	June 12	September 18

Hike 100 Challenge



With completion of this year's Cattaraugus series you will have nearly met the requirements for the North Country Trail <u>Hike 100 Challenge</u>. With the addition of another 4 miles anywhere on the NCT, you will qualify for the National Park Service NCT special edition patch celebrating their centennial anniversary. <u>Register now</u> to enroll in the challenge.





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Registration

All participating hikers must register.

The fee will be \$50 and covers transportation by bus that will shuttle hikers from their cars to the beginning of each hike. *Note the half-hike option will have limited bus service*.

The fee also includes a completion patch and supplies for the SAG wagons.

Options to register for the series include:

- On-Line anytime and pay securely via PayPal using a PayPal account or a credit card. You do not need to have a PayPal Account. Use the following link: <u>http://fingerlakestrail.org/trail/crosscounty</u>
- US mail with check or money order using the paper Registration Form here
- Or, call the FLTC office at 585-658-9320 (Mon thru Fri, 9am-3pm) and then mail your payment.

Registration deadline is March 28th or when we top off at 150, whichever is first.

Pre-order Merchandise

When you register for the series you can pre-order a complete set of maps for the series (M1 to M5). You can also pre-order a summer tee shirt commemorating the 2016 Cross County Series and/or a long-sleeve, breathable FLTC pull-over. Pre-ordered maps, shirts and pullovers will be distributed at the first hike.



If you have any questions, please contact the hike coordinator, Marty Ruszaj, at msruszaj@gmail.com.

See you on the trail!