

FLT 50th Anniversary Weekend, June 15-17, 2012, Keuka College

Join us for our big 50th Anniversary Celebration!

Beginning with the June 2, 2012, “**50th Anniversary One Day Hike of the Finger Lakes Trail**”, organized by Roy Dando with member hiking clubs* and individuals, we are celebrating our FIFTY YEARS of existence. Hosted by the FLTC, this year’s SPRING WEEKEND returns to Keuka College where it all began March 17, 1962, when Wallace D. Wood invited existing hiking clubs to establish the foundation of the current FLTC.

Our evening programs will be special for this historic weekend. John Adamski and Mike Allen will present the story about saving the bald eagle on Friday evening, the 15th of June.

Mike Allen, retired from the Fish and Wildlife Division of the DEC, has had a very long association with the FLTC through his career at Hi Tor Wildlife Management Area and really restored the bald eagle to NYS. He was honored with the FLTC’s Erv Markert Award in 2008 along with the entire Bath office of the DEC.

John Adamski, president of the Finger Lakes Museum, had a 30-year career in the field of residential and resort design and development, and a previous occupation in fish and wildlife management. John retired to focus on his other interests of freelance writing and wildlife photography. In his article, “Showered with Ideas,” which was published in the Spring 2008 issue of *Life in the Finger Lakes* magazine, he proposed the creation of a world-class museum to showcase the cultural and natural histories of the 9,000 square-mile Finger Lakes Region of New York State. There will be a Finger Lakes Museum display on site during our weekend.

Saturday evening’s program will be a slide show about the Finger Lakes Trail Conference by Tom Reimers, assisted by Jacqui Wensich.

Tom Reimers, retired from Cornell University, created our first slide show for presentation at public programs and has been updating his history of the trail conference regularly. Tom was the third recipient of the FLTC’s Howard Beye Lifetime Achievement Award (2008) and Wally Wood Award (1998). He was for 10 years editor of the *FLT News*, has held various FLTC board seats, including president, and Cayuga Trail Club officer positions, was president of the NCTA, and is a trail maintainer and photographer.

Michael Warren Thomas will broadcast live from 9 AM until noon Saturday at the college. He is the host of radio shows that celebrate life every weekend on WYSL 1040AM (www.savorlife.com). “Naturally Green”, “For the Love of Food”, “The Grapevine”, and “Discover the Finger Lakes” are some of his popular shows. Stop by and meet Michael.

Donna Flood has organized a display area to show off the member clubs and organizations supporting the trail and the area.

The popular RAFFLE will include many wonderful donated items from individuals and businesses that will be recognized at the celebration. The highlight of this raffle is a beautiful quilt made by Jay Zitter.

As in the past, the FLTC store will be available so you may purchase FLT items for the 2012 hiking season. The new 50th Anniversary Shirts will be available.

Workshops and Hikes are listed together to avoid scheduling conflicts. Workshop locations and a campus map will be available upon registration.

Acknowledgements: Thanks to Jon Bowen of ADK Onondaga, Program Committee Chair for the FLTC, for agreeing to facilitate the hikes from Keuka College. Tom and Donna Noteware, Judy Erwin, and Irene Szabo suggested and edited the hike selections and some of the workshops. Thanks to the hike leaders for stepping up. Thanks to Jarret and Barbara Lobb, Georgiana and Gene Binder, Bill Ostrander, Dick Liebe, Mary Coffin, Ken Reek, Rebecca Hargrave, and Kirk House for their workshop contributions. Lynda Rummel arranged for our Friday evening program. Gene Bavis developed the registration form.

There may be changes to the program after publication. The website will have updates. Call or email Jacqui Wensich (jwensich@rochester.rr.com, 585/385-2265) if you wish to contribute to the raffle or programs.

**This is also the 50th anniversary of the Foothills Trail Club and Cayuga Trails Club. See the club websites for more information.*



Anniversary t-shirts will be available in men’s, women’s, and youth sizes. See the registration form to pre-order at a discount for attendees. 100% polyester, roomy, athletic cut, lightweight and breathable.

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Keuka College
141 Central Avenue
Keuka Park, New York 14478

Schedule of Events

- Friday:**
- 11 am Registration Table open, check in, Ball Hall
 - 12 noon **Hike A.** B2 New Outback Inn Shelter
 - Hike B.** B2 Brink Hill Rd
 - 1:30 pm **Hike & Workshop C.** Keuka State Park
 - Workshop D.** GPS and Geocaching - on campus
 - 4 pm **Workshop E.** Photography101 workshop - on campus
 - 5-6 pm Social hour, cash bar with wine and beer
 - 6-7 pm Dinner
 - 7:30 pm Eagles of the Finger Lakes, by John Adamski and Mike Allen
- Saturday:**
- 7-8:30 am Breakfast, pick up lunches if not eating in dining room
 - 8:45 am **Hike J.** Watkins Glen
 - 9 am-12 noon Michael Warren Thomas 1040AM live broadcast in dining area
 - 9 am **Hike F.** Huckleberry Bog Trail Loop
 - Hike G.** B3 Pigtail Hollow SF
 - Hike K.** M12/13 Telegraph Rd to Birdseye Hollow SF
 - 9:15 am **Hike I.** M12 Vinehurst, Mitchellsville Gorge to Winding Stairs Rd
 - 9:30 am **Hike & Workshop H.** Keuka Outlet Tail
 - 12-1 pm Lunch on campus (for those who have signed up)
 - 1-3 pm Shuttled wine tour if numbers allow
 - 1:30-2:45 pm **Workshop L.** Recognition of Invasive Forest Insects – on campus
 - 1:30-3 pm **Workshop M.** Map, Compass & Orienteering – on campus
 - 2-3 pm **Workshop N.** Scouting and Mapping the new NCNST route to the Adirondacks - on campus
 - 3 pm Annual Meeting
 - 4 pm Board of Managers Meeting
 - 5-6 pm Social Hour/Reception for Forever Society Members
 - 6-7 pm Dinner
 - 7:15 pm Awards and Introductions
 - 7:45 pm Tom Reimers remembers the old days, Jacqui Wensich - the newer days
- Sunday:**
- 7-8:30 am Breakfast and lunch pick up, check out
 - 9 am **Hike O.** B2 AP 11-12
 - Hike & Workshop P.** B3 Post-logging Amazing Growth
 - 9:30 am **Hike & Workshop Q.** Birding - on campus
 - 10 am **Hike & Workshop R.** Keuka SP
 - FLTC Store closes
 - 11 am on Local self-guided wine tours available, info upon registration

All hikes leave from campus at the times listed on the schedule.

Check out of rooms before leaving for hikes on Sunday.

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Directions to Keuka College

From the Northeast (Syracuse, Albany): [Travel time from the Geneva Thruway exit about 45 min.] Take the NYS Thruway to Exit 42, Geneva. Follow Rte 14 south through Geneva to Dresden. Turn right onto Rte 54 to Penn Yan where the road comes to a “T”. Take a left-hand turn onto Main Street and a right at the first traffic light onto Elm Street (54A). Follow “From Penn Yan” directions below.

From the Northwest (Rochester, Buffalo): [Travel time from the Canandaigua Thruway exit is about 45 min.] Take the NYS Thruway to Exit 44, Canandaigua. Follow Rte 332 into Canandaigua. Take the left-hand turn onto Rtes 5 & 20 heading east. Approximately 9 miles outside of Canandaigua, make a right turn onto County Rte 5 (which turns into Rte 14A) where the sign points to “Hall” and “Penn Yan.” Stay straight on that road into Penn Yan. At the fifth traffic light, take a right-hand turn onto Elm Street (Rte 54A). Follow “From Penn Yan” directions below.

From the Southwest (Jamestown, Erie): [Travel time from Bath is about 40 min.] Take I-86/NY-17E to the first Bath exit. Follow Rte 54 north (lake on your left) into Penn Yan. At the first traffic light, take a left-hand turn onto Liberty Street (Rte 14A). At the second traffic light, take a left onto Elm Street (Rte 54A). Follow “From Penn Yan” directions below.

From the Southeast (Binghamton): [Travel time from Elmira is about 1 hr.] Take Rte 17 to Rte 14 in Elmira. Follow the signs for Rte 14 north. Two miles north of Watkins Glen take Rte 14A, “Dundee” and “Penn Yan.” Follow Rte 14A through Dundee to Penn Yan. At the fourth traffic light, take a left onto Elm Street (Route 54A). Follow “From Penn Yan” directions below.

FROM PENN YAN: Follow Route 54A south out of Penn Yan for four miles. Take Left onto Central Avenue into Keuka Park. The Keuka campus is on the left, and the admissions and financial aid offices are located in Ball Hall. Take second left (first stop sign) and park in the visitors’ spots directly in front of Ball Hall. FLTC 50th Anniversary headquarters will be in Bard Hall.

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Hikes and Workshops

FRIDAY

- A Hike: B2 New Outback Inn Shelter, Italy Hill SF. 5 miles** (13 mile drive, car shuttle, noon to about 4:00 PM) Alex and Michele Gonzalez. Starting at the large parking area to the left of Dunn Rd, hike through state forest, visit the new shelter, then head down a gradual slope to Rte. 18. Approx. 2½ hour hike.
- B Hike: B2 Brink Hill Rd AP 7 to Route 18, AP 8. 4.4 miles** (15 mile drive, car shuttle, noon to about 4:30 PM) Steve Catherman and Larry Blumberg. Drive up De Wolfe Rd for ample parking. Pass the pond and enjoy some great views of the windmills and the spectacular view of Italy Valley from the top of the hill.
- C Hike/Workshop: Keuka State Park (Easy to medium)** (3.4 mile drive. 1:30-3:30 PM) Judy & Doug Erwin. The hike will be about 4 miles on the park trails and will include a stop by an old cemetery with burials from the 1800s. Hikers will be walking in an area that used to be part of a large estate run by members of the Rose family who built the Esperanza mansion nearby. The terrain will be hilly, so walking sticks are recommended. There is a State Park parking fee, so plan ahead.
- D Workshop and field work on campus: Using GPS in the field and on the trail.** Learn how GPS works, how to find yourself in the woods, how to create waypoints and trails, and calculate distance travelled and area. We'll also do a little geocaching. Bring your own GPS unit (and batteries) or borrow one of ours.

Presented by Rebecca Hargrave, the Horticulture and Natural Resources Extension Educator for Cornell Cooperative Extension of Chenango County, member of FLTC and Bullthistle Hiking Club.

- E Workshop on Campus: Photography 101 - Making better pictures.** 4-5 PM. Presented by Ken Reek. Want to take better photographs? This workshop will give you lots of tips that may help. Ken Reek will discuss composition, focus, exposure, lenses and perspective, close-ups, and computer enhancement of your photographs. But don't worry—we won't get bogged down in technical details like f-stops, ISO, megapixels, or gamma. Ken studied professional photography at RIT before veering into the computer field, and has enjoyed amateur photography ever since. You can see some of Ken's photos at www.KMRConsulting.com/photography, and we will analyze several of these in the workshop.

SATURDAY

- F B3 Huckleberry Bog Nature Trail Loop, 4.6 mile loop (Mostly easy)** (18 mile drive, 9AM, bring your lunch) Led by Irene Szabo, creator and caretaker of the loop. 4.6 miles, repeat only .8 mile with one hill at beginning/end, the rest mostly level. Bristol Hills Trail Map B3 from Bean Station Rd south, includes Evangeline Shelter (the best!) on private land, then Urbana State Forest loop through older oak forest, around hilltop bogs, one with observation deck, past old homestead foundations, along marked nature trail with helpful booklet. NOT a fast walk, this one is intended for stops to see what's there and learn a little. **Back by 3PM for Annual Mtg.**
- G Hike: B3 Pigtail Hollow SF. 10 miles (Medium)** (35 min. drive, car shuttle) Larry Blumberg. Park on Hungry Hollow Rd. This is a new section of trail to Granma's camp, then skirts old farm and pine plantations, logging road near ravine, Lake David dike, mature woods, two steep gullies.
- H Hike/Workshop: Keuka Outlet Trail 7.5 miles (Easy to medium)** (4.2 mile drive to Penn Yan, 9.8 mile drive to Dresden, car shuttle) Kirk House. The strip of land you will be hiking from Seneca Lake to Keuka Lake is steeped in history. You'll see the evidence of places and events from several bygone eras when this trail was first a canal towpath, then later a railroad, both next to multiple mills powered by the Outlet. The trail is along the route of the old Crooked Lake Canal. Historical and natural commentary by local author, Kirk House (see keukaoutletrail.com for more info).
- I Hike: M12 Vinehurst Motel to Winding Stairs Rd. AP 7, 6.5 miles (Medium, hilly at times)** (21 mile/35 min. drive, 9:15 AM) Shirley & Jackson Thomas. Start at AP 5 on Rte 13. Hike past beautiful Mitchellsville Gorge, cross a bridge where Coldbrook and Mitchellsville Creeks come together, climb Mt. Washington using switchbacks, walk next to a vineyard. Walk between the Vinehurst and a barn/antique shop, and past a giant wine barrel belonging to Pleasant Valley Winery. Go up 27 switchbacks (Alley Cat project). Views of Keuka Lake and down to Winding Stairs Rd.
- J Hike/Workshop: M14 Watkins Glen Hike and Brief Geological Talk. About 5 miles (Medium)** (30 mile/40 min. drive, 8:45 AM, car shuttle) Donna & Tom Noteware, Dick Liebe. Beginning at the blue trail on Townsend Rd, hike into the state park with Richard Liebe, retired geologist from SUNY Brockport. He will give a brief talk on the origin of the rocks as well as glacial history of the Finger Lakes and Glen. **Back by 3PM for Annual Mtg.**

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Hikes and Workshops, continued...

SATURDAY, continued...

- K Hike: M12/13 AP 9 to Telegraph Rd, Birdseye Hollow SF. 6.5 miles (Medium)** (28 mile/40 min. drive, 9 AM, bring lunch) Doug Cunningham. Woods with many foundations, loop trails in day park, trail skirts old cemetery.
- L Workshop on Campus: Recognition of Invasive Forest Insects. 1:30-2:45 PM.** Presented by Gene and Georgiana Binder.
- Several invasive insects are threatening trees in our forests. Early detection makes control measures more effective. The sugar maple (*Acer saccharum*) and other trees are threatened by the Asian Longhorned Beetle (*Anaplophora glabripennis*), an invasive boring insect that kills its host. Although it's not known to occur in our area, it has been found in New York City, Jersey City, Toronto and eastern Massachusetts. If the sugar maple went the way of the American chestnut, it would be devastating to our trail and the economy of the Finger Lakes area.
- This workshop will show you how to check maples and other hosts for the Asian Longhorned Beetle as you hike the trail, in case it should get into our area. You will receive literature on this insect, as well as the Emerald Ash Borer and Hemlock Woolly Adelgid that are threats to these trees.
- M Workshop on Campus: Map, Compass & Orienteering. 1:30-3:00 PM.** Presented by Barbara & Jarret Lobb. Map, compass and orienteering – this workshop will quickly cover the basics of maps and compass (how to read and use both in conjunction with each other) and then move into the field and run an orienteering course with seven control points. If some or all of the participants choose, running the course will be a competitive event with a prize going to the best performer, or participants can just dawdle along at their own pace. The workshop should take between 50 and 90 minutes but could take considerably longer if people get lost and we have to search for them.
- N Workshop on Campus: Scouting and Mapping the new NCNST route through the Adirondacks. 2-3 PM.** Presented by Mary Coffin, ADK Onondaga, NCTA Team Leader. Mary Coffin has been scouting and GPSing the 147 mile North Country National Scenic Trail route through the Adirondacks. She will give a slide presentation about this journey. It is a combination of trail maps and scenic pictures along the route.

SUNDAY

- O Hike: B2 AP 11-12. 4.7 miles (Easy to Medium).** (16 mile/30 min drive to Cross CR 75, car shuttle) Kim Meacham. Access point 11 is on Pulteney Road. Trail is in and out of woods, crosses a stream and includes a steep climb. Notice the stump fence. **Pick up your lunch and check out before leaving.**
- P Hike/Workshop: B3 Post-logging Amazing Regrowth. 4 miles (Medium)** (19 mile drive, car shuttle) Led by Irene Szabo, caretaker here since 1987, and chief builder of one mile of new trail at harvest time in late 90's. Bristol Hills Trail, map B3, Hungry Hollow Rd. south to CR 13. Four miles, mostly level or downhill at end, parts through very old hemlock and oak woods, parts through Pigtail Hollow State Forest red pine harvest twelve years ago. See before and after pictures at several locations where clear-cuts have produced astounding thick regrowth of varied new trees now producing shade. Guaranteed to make hikers feel better about other tree harvests they may encounter along the trail in the future. Moderate walking speed with a few conversation stops. **Pick up your lunch and check out before leaving.**
- Q Workshop on Campus: Birding. 9:30-11:00 PM** Presented by Bill Ostrander, Chemung Valley Audubon Society. An outdoor workshop on birding, covering choosing equipment and field guides, using binoculars, and a short bird walk to find birds and impart some pointers on identifying them. Bill is the statistician for the Chemung Valley Audubon Society, a past president of the New York State Ornithological Association and past naturalist at Tanglewood Community Nature Center. **Pick up your lunch and check out before leaving.**
- R Hike/Workshop: Keuka State Park (Easy to medium)** (3.4 mile drive. 10 AM) Judy & Doug Erwin. The hike will be approximately 4 miles on the park trails and will include a stop by an old cemetery with burials from the 1800's. Hikers will be walking in an area that used to be part of a large estate run by members of the Rose family who built the Esperanza mansion nearby. The terrain will be hilly, so walking sticks are recommended. There is a State Park parking fee so plan ahead. **Pick up your lunch and check out before leaving.**

NOTE: A self-guided wine tour of the eight local vineyards is available at keukawinetrail.com. Information will also be available at registration. IF there is enough interest, a shuttle can be arranged at the cost of \$5.00 per person to Hunt Country Vineyards, five miles away.

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Lodging Options

College Dormitory:

Ball Hall (air conditioned residence hall with bathrooms & showers on each floor)

1. Single \$30 per room per night
2. Double \$45 per room per night (\$22.50 per person)
3. Triple \$55.50 per room per night (\$18.50 per person)
4. Quad \$60 per room per night (\$15 per person)

Harrington Hall (air conditioned residence hall with bathroom/shower shared between 2 rooms)

5. Single (with private bathroom) \$45 per room per night
6. Double \$45 per room per night (\$22.50 per person)
7. Quad \$90 per room per night (\$22.50 per person)

Linens are provided (pillow, blanket, twin sheet set, and 1 bath towel).

Free laundry on each floor, bring detergent and hangers, no quarters needed.

Each floor has a kitchenette with refrigerator and stove. No microwaves; full scale cooking is not allowed.

Wi-Fi is available on campus as a guest account.

Rooms in above residence halls based on availability, first come first served. When selecting options 2, 3, 4, 6, or 7, one person needs to be the designated reservation person. Payment may be made by that person or each person may send their money individually by referencing the "designated person."

Camping on the Campus with bathroom & shower access at Davis Hall

8. Camping \$10 per person per night

Meals

All meals will be in the college dining hall with multiple options for all tastes. If you are hiking or touring and want the "travel lunch" you need to indicate that. Those will be assembled each day at breakfast. Those choosing to have lunch at the dining hall, please indicate on the registration form. If you have special dietary needs, please notify us on your registration form.

Additional Information

- Bring a bike and swim stuff including a beach towel – we are right on the lake and there is a launch area for kayaks and canoes!

Waterfront is open 1-6 PM Friday through Sunday (weather permitting). Lifeguards are on duty and lake swimming allowed during this time.

Weeds Physical Arts Center will be open. Hours will be posted in residence halls and at registration area.

- REMEMBER the dining area is not set up like a restaurant. The FLTC is renting the facility. You can eat in the dining area but you must check that on the registration form.

Other Places to Stay (Penn Yan)

(Make your own arrangements)

Colonial Motel (315) 536-3056
175 West Lake Rd

Merritt Hill Manor B&B (315) 536-7682
2756 Coates Rd

Tudor Hall B&B On Keuka Lake
(315) 536-9962
762 East Bluff Drive

Wagener Estate B&B (315) 536-4591
351 Elm St

The Willows B&B on Keuka Lake
(315) 536-5653
693 East Bluff Drive

Best Western Vineyard Inn & Suites
(800) 823-0612
142 Lake Street

Questions: Jacqui Wensich jwensich@rochester.rr.com (preferred)
or (585) 385-2265

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Registration must be received by **May 31** Refunds for cancellation cannot be guaranteed after this date.
 Mail registration form with a check to:

Finger Lakes Trail Conference
 6111 Visitor Center Road
 Mt. Morris, NY 14510

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Phones(s): _____ Email: _____

Emergency contact (name/phone) _____

Fill in dollar amounts below, per person	# of people	\$ amount
Registration: Current FLTC members \$12, Non-members \$18 (Registration is REQUIRED to participate. All registered attendees receive commemorative patch.)	_____	_____

I am **not** currently an FLTC member and would like to join:
 ___ Individual \$25 ___ Family \$35 (discount for new members + discounted registration) _____
 I am a member, but have not yet renewed my membership for this year:
 ___ Individual \$30 ___ Family \$40 (contact office for other categories) _____

See **Lodging** Options on separate sheet.
 Friday night Lodging (Lodging type: ___ #code from previous page)
 Designated reservation person _____ _____
 Saturday night Lodging (Lodging type: ___ #code from previous page)
 Designated reservation person _____ _____

Meal Plan: (6 meals) \$50 per person (please indicate below what type of lunch)
OR

Al a carte meals:
 Friday lunch (in dining hall only...**NOT** included with meal plan) \$8.50 _____
 Friday dinner \$12 per person _____
 Saturday breakfast \$6 per person _____
 Saturday lunch (option for ___ travel lunch or ___ in dining hall) \$8.50 _____
 Saturday dinner \$12 per person _____
 Sunday breakfast \$6 per person _____
 Sunday lunch (option for ___ travel lunch or ___ in dining hall) \$8.50 _____

Anniversary Shirts (100% polyester) - PRE-ORDER DISCOUNT for attendees
 Men's or Women's S-XL=\$15@, XXL=\$17@, XXXL=\$20@, Youth Sizes XS to XL = \$14@
 This includes the sales tax. Regular pricing will be \$3-\$5 more.
 ___ Men's circle size(s) S M L XL XXL XXXL _____
 ___ Women's circle size(s) S M L XL XXL XXXL _____
 ___ Youth sizes circle size(s) XS S M L XL _____
 ___ Extra patches (pre-order special = \$3.00 each, tax included) _____

Total included (Registration + Membership + Lodging + Meals + Shirts) \$ _____

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FLTC 50th Anniversary Registration, page 2

Name(s): _____

Expected arrival (day/time): _____ Local hiking club(s), if any _____

Hikes & Workshops: Please indicate choice by letter for each day and # of people for each hike or workshop. See schedule.

Friday: _____ Saturday: _____ Sunday: _____

Optional Saturday afternoon wine tour (\$5.00 – pay there, do not include in registration total) _____

If you have special dietary restrictions or needs, please explain here:

Please read and sign the following:

Those persons enjoying the Finger Lakes Trail (FLT) and/or activities sponsored by the Finger Lakes Trail Conference (FLTC) or any clubs conducting activities on behalf of, or in support of the FLTC, accept full personal responsibility for their own well being, or, for the well being of a minor when acting in the capacity of parent or guardian. Further, users of the Finger Lakes Trail accept and understand that hiking is a rigorous activity often conducted in rugged outdoor conditions subject to variations in weather and terrain conditions which may involve the risk of injury or death, and, that we are fully responsible for our own safety and selecting activities that are consistent with our physical capabilities.

Print name: _____ Signature _____ Date: _____

Print name: _____ Signature _____ Date: _____

Print name: _____ Signature _____ Date: _____

Print name: _____ Signature _____ Date: _____