

Saturday Dinner \$13.00 _____
Sunday Breakfast \$9.00 _____
Sunday Lunch (Please circle one: Ham, Turkey, Veggie) \$9.00 _____

Food Allergies, concerns here: _____

Hikes: Friday _____ Saturday _____ -Sunday _____

Free Kayak Storage: check if needed _____

Please read and sign the following:

Those persons enjoying the Finger Lakes Trail (FLT) and/or activities sponsored by the Finger Lakes Trail Conference (FLTC) or any clubs conducting activities on behalf of, or in support of the FLTC, accept full responsibility for their own well-being, or, for the well-being of a minor when acting in the capacity of parent or guardian. Further, users of the FLT accept and understand that hiking is a rigorous activity often conducted in rugged outdoor conditions subject to variations in weather and terrain conditions which may involve the risk of injury or death, and that we are fully responsible for own safety and selecting activities that are consistent with our physical capabilities.

Signature _____ Print Name _____ Date _____

Information is communicated to registrants via e-mail. If you register and don't hear anything from us, contact webmaster at www.foothillstrailclub.org.