

## FLT Trailheads on Garmin Nüvi Automotive GPS Units 4-1-2019

### Make FLT Trailheads.gpi (POI – Points Of Interest file)

1. Open this hot link: <https://fingerlakestrail.org/plan-hikes-finger-lakes-trail/hiking-the-finger-lakes-trail/how-to-find-the-trail/>.
2. Scroll to near the bottom. These 4 FLT Trailhead files are always up to date as they are generated whenever maps are updated; about once a month.
3. *Right*-click on the link [FLT Trailheads.gpx](#).
4. Choose “Save link as...” or “Save target as...” and navigate in File Explorer to a folder (and open it) where you want to save FLT Trailheads.gpx (I use C:\garmin). Note folder.
5. If other .gpx files are in this folder, delete them.
6. If not previously downloaded, download POI Loader from <https://www.garmin.com/us/maps/poiloader>.
7. Run POI Loader program: Start > Garmin > POI Loader.
8. First page has explanatory text. Click Next.
9. Select Computer as save location. Click Next.
10. Select folder noted above in 4. for saving your POI file (I use C:\garmin). Click Next.
11. Select folder where data files can be found: same as in 4. and 10.
12. Choose a name... : FLT Trailheads, Units: Feet and MPH, Mode: Manual. Click Next.
13. If prompted that FLT Trailheads.gpi exists, click Yes to overwrite.
14. Make sure “Ignore this file” and “This file contains proximity alert points” boxes are unchecked. Click Next.
15. Click Finish.

### Place your POI (.gpi) file in your nüvi

1. Recall location where you saved FLT Trailheads.gpi on your computer (I use C:\garmin).
2. Plug your nüvi into your computer via USB cable. It should connect and become a drive letter in File Explorer.
3. A window may pop up asking what you want to do with the new drive. Select “Open folder to view files using File Explorer”.
4. Make sure you’ve selected your Garmin nüvi, not a memory card in it.
5. Open the POI folder in your nüvi. If it doesn’t exist, create it.
6. If there is a previous FLT Trailheads.gpi file in the POI folder, delete it.
7. Copy the FLT Trailheads.gpi to the POI folder of your nüvi.
8. Disconnect your nüvi (best to “Safely Remove Hardware and Eject Media”).

### Using the FLT Trailheads POI file

1. Turn your nüvi on.
2. On your nüvi screen, select: Where to? > Extras > Custom POIs.
3. Trailheads are shown from closest to furthest, so choose “Spell” and type the name of the map you want (e.g. I1, M04, B3, CT09), then “Done.”
4. Scroll to the FLT parking spot on this map you want, tap it, and choose “Go.”