

# Finger Lakes Trail NEWS

Spring 2014



## *Inside...*

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- \* *Yet More on Trail Privies*
- \* *Two New Columns*



# President's Message

Pat Monahan

Spring is making its first attempt at shaking one of the coldest winters in my life. I am glad to shed the Mad Bomber hat, layers of fleece and those bulky winter boots for something a little more fashionable for mud season. All kidding aside, any day is a great day to take a hike on the FLT.

I must take a moment here and reflect on the loss of a friend, FLT leader, and fellow hiker. Jarret Lobb, Vice President of Finance for the Finger Lakes Trail Conference, died on December 24, 2013, in his fight to recover from a lifelong problem heart. He was a man of courage. He loved his family. He was brilliant in all financial matters. He held a vision for the FLT to be "Forever" as written in our mission statement. He will be missed.

As promised in the previous issue, I would like to provide a brief summary from the Board Retreat held on November 15-17, 2013.

- The 2013-2016 long-range plan was updated.
- A 2014 balanced budget was approved including funding for marketing initiatives and all major projects.
- We will be prudent with our investments as designated for trail preservation and trail improvement.
- We investigated eight targeted marketing issues to increase the public's awareness of the FLT. As a result, the Board will identify key strategies to implement throughout the year. Marketing and branding of the FLT is a major emphasis for Board activity in 2014.

During the month of March, you will receive a mailing about our annual membership drive and our annual meeting. Your membership renewal is critical to the health of our organization. I hope you will continue as a valued member and find a few of your friends to join with you. Your membership helps the Conference fund the many projects that help to build, maintain, enhance and promote a continuous footpath across New York State. Forever. As a member, you can vote on a slate of new Board members (see page 16) at our annual meeting on May 31

during the Spring Conference at Cazenovia College. I encourage you to attend and have your voice heard at the meeting.

As you make your membership commitment with us, I would also encourage you to consider membership with the North Country Trail Association (NCTA). The North Country Trail (NCT) coincides with the FLT along the main trail from the NY/PA border in Allegany State Park to the end of the Onondaga Trail southeast of the Syracuse area for well over 400 miles. Dual membership has twice the benefits to support all aspects of a shared footpath. (As an added benefit, a portion of your NCTA membership contribution returns directly back to the FLT!)

Finally, I would like to encourage all of our readers to go out and enjoy the FLT. While you are out on the trail please be prepared to respect our landowner's wishes. We are guests on their property and must act as guests. Check your map, our website and even the FLT list serve for current conditions on the trail **before** you head out for a great day in the woods. If you encounter any issues with a landowner, please apologize for any misunderstanding and let us know what occurred. Contact us at [trailreport@fltconference.org](mailto:trailreport@fltconference.org) or call the Office at (585) 658-9320.

In the meantime, get out the gaiters and "Go take a hike!" 🍁



## Join the FLTC Yahoo Groups E-Mail List

The Finger Lakes Trail Conference's e-mail list is a discussion group hosted by yahoogroups.com. Its purpose is to allow the subscribers (approximately 650 people) to communicate information to each other pertaining to FLT hikes and other FLTC activities, and to also allow subscribers to post general hiking-camping-backpacking and/or FLT-related questions that can be answered by any of the other participants.

The co-moderators who will oversee the use of this electronic mailing list and offer help with questions are: Larry Blumberg ([lblumberg@stny.rr.com](mailto:lblumberg@stny.rr.com)) and Jack VanDerzee ([vanderze@ithaca.edu](mailto:vanderze@ithaca.edu)).

To join the group, send a note to one of the co-moderators, or go to the FLTC website ([fingerlakestrail.org](http://fingerlakestrail.org)) and follow the instructions for subscribing.



# SPRING 2014

## Mission Statement

The mission of the Finger Lakes Trail Conference is to build, protect, enhance, and promote a continuous footpath across New York State. Forever!

## FINGER LAKES TRAIL NEWS

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## FLTC Office Hours

Mondays, Tuesdays, Thursdays and Friday  
9:00 to 2:00, but there are some exceptions, so call ahead if you want to be sure: 585-658-9320

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**COVER:** A fine example of the style of stile introduced by Tony Preus over twenty years ago in Chenango County to help hikers over fences. This one aids us high above Bowman Creek on Map M25, a short walk west of the Chenango River, south of Oxford. Find the register in the photo? Photo by Warren Johnsen



# From the Executive Director

Dick Hubbard

## Mind the “ships,” Mates!

In a recent article in this magazine, I spoke about the many underlying partnerships that contribute to our organization. During the past several months I enjoyed working together with our partners as we developed new trail, sought to protect the trail, and opened new partnerships. Clearly, this process is based on our ability to develop strong and meaningful relationships and maintain those relationships over the years.

Possibly, by now, you start to see the “ships” to which I am referring ---partnerships and relationships. There are many such “ships,” and another worthy of mention is ownership. Just recently, we expanded our ownership of property through the transfer and creation of the Bock-Harvey Preserve and additionally through a recent gift of land in the eastern section of the trail. Ownership comes with a commitment to conservation, protection, maintenance and caring, again taking time, work and dedication, but possibly with hands a bit dirtier!



At a meeting in Corning in January, left to right, Pat Monahan, Peggy Coleman, Dick Hubbard, and Phil Dankert form a task force to work on an upcoming state grant for marketing the FLT.



Scott Brooks, new Board member appointed to fill a vacancy, celebrates his end-to-end moment with Dick during a hike in the Catskills at the fall campout weekend.

Two other “ships” seem to tie all others together. One, and possibly the most important, is stewardship, for stewardship brings with it an ethical value that calls on us to be responsible for managing ALL of our resources. This is where all of our “ships” are docked, tied up and cared for, this harbor named stewardship. It is our money, land, partnerships and relationships, and our interests in each for which we are obligated to care for responsibly. As members, volunteers and workers, and even as casual users of the trail, we must remain focused on being good stewards to be successful.

Lastly, the “ship” with the fullest sails is friendship! After all, the Finger Lakes Trail offers a unique place to play, enjoy and nurture oneself. It provides opportunities for fellowship, sportsmanship, craftsmanship and a place to seek opportunities of solitude, group adventure and challenge. It is a place to make friends and have fun. Join in: there is a lot going on and we want you to be onboard our “ships” to enjoy all of it, sailing for nearly 1000 miles of fun! 🍁

### New FLT Office Hours

Monday/Tuesday

Thursday/Friday

9:00 AM to 2:00 PM

There are exceptions so please call in advance to be sure someone is in the office.

**Contact:** Dick Hubbard  
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716-604-8380

# The Ultimate New Year's Eve Experience on the Finger Lakes Trail

*Article and Photos by Roy Dando*

Each year my wife Laurie and I like to spend New Year's Eve contemplating the ups and downs of the previous year and make some plans for the upcoming year. I suppose that is a common way to spend New Year's Eve for many couples, but this year we decided to spend the occasion at our "home away from home," the Ludlow Lean-to near Oxford in Chenango County. The lean-to is located on the portion of the Finger Lakes Trail that we maintain. It is nestled beautifully about 100 yards off the main trail near Ludlow Creek. Not only does the creek provide water for filtering but its "babbling" nature helps ease one to sleep at the end of the day.

Because the campsite is only ½ mile off the "main dirt road," we were able to lug some creature comforts with us for the evening. The cast iron pan fried up the best burgers on the fire while the



*New Year's Eve for Roy and Laurie on Map M24*



*Impossible to take a picture through snowflakes with the flash on!*

potatoes baked in the coals and fresh coffee perked away. The weather prediction was for snow and temperatures nearing zero so it was time to break out the heavy duty sleeping bags. They are too big and bulky to carry on a standard hike but once we entered the bags for the evening we were toasty warm until morning.

We woke to a fresh coating of light snow and the most beautiful sunrise on our new year. Even if all the plans that we laid out for our upcoming year do not pan out, we can already put this wonderful experience in the books for 2014. Great food, fun and conversation were had with the one I love on the trail we both love. 🍁

## Calling All Computer Geeks!

*Cate Concannon*

The Finger Lakes Trail Conference is governed by a Board of Managers (BOM), which is tasked with overseeing and realizing the mission statement of the FLTC. Committees and work groups help to perform the nuts and bolts work of the BOM.

The Information Technology work group has a variety of functions: maintaining the FLTC website, assisting FLTC Service Center staff with their computer hardware and software, assisting with the maintenance of the online store and PayPal account, and maintaining e-mail accounts and mail groups as well as building reports, templates, and macros to increase productivity of Service Center staff and BOM members.

In 2009 the IT work group successfully migrated the website

to a Concrete5 platform, improving the look and feel of the website. One of the most exciting developments for the work group recently has been the creation of downloadable trail maps, making it easier for hikers to plan hikes and bringing us into line with current technology.

If you love the Finger Lakes Trail and would like to help support our mission, and are familiar with Concrete5 or knowledgeable in the area of web development, storefront development, Search Engine Optimization or general information technology support, we would love to have your help. With the exception of some time sensitive tasks, your help would be welcome at times that are convenient to your schedule and you could set your level of involvement. Please contact Roger at [webmaster@fltconference.org](mailto:webmaster@fltconference.org) for more information. 🍁



# Walking into Autumn on the Interloken Trail

*Material contributed by Kirk House and Jon Kapecki through a series of emails to the FLT egroup last fall. Since barely half of our members see the egroup, we thought this delightful and novel branch deserved a wider audience. Some material first appeared in "Wandering the West," Kirk House's weekly blog with the Corning Leader. The Interloken Branch runs north-south along the spine of a high land of open fields and woods between Seneca and Cayuga Lakes within NY's only National Forest, covered by Map II. Maintenance is covered by an unusual combination of National Forest personnel and the Cayuga Trails Club. Edited by Brenda Reeb.*

*South Burnt Hill Pond  
Photo by Tom Reimers*

## Walking into Autumn Kirk House

In late summer 2013 I spent the "better" part of five days on the Interloken Trail, walking into autumn. For a long time I'd been dreaming over my map of this FLT branch trail running through the Finger Lakes National Forest east of Seneca Lake. Starting in late August and finishing five weeks later, I completed it comfortably in four or five out-and-back hikes during this period.

I started at the southern end, on seasonal Burnt Hill Road north of Bennettsburg. In just a few minutes I wished I had my camera, for I was walking through a gap in a stonewall that made me feel like I was hiking with my dad, back home in Rhode Island. Acorns and hickories spotted the trail. It was a green and leafy walk through the forest, with just a hint of fall to come. A couple of miles later I broke out of the woods into grassy space by the Burnt Hill Pond, a good spot to take a seat on a boulder and indulge in some peanut butter crackers. As I pushed onward, the trail got a little rocky and little bumpy. Nothing hard to manage, just enough to keep me alert. I crossed the Gorge Trail and reached the Burnt Hill Trail. Almost three miles, 2.9, to be exact. I turned around for the day and retraced the miles back to the car.

For my next hike I parked at Matthews Road and doubled back southward six-tenths of a mile to reach my previous stopping point, then back to Matthews and on north from there. Now I was crossing into a pasture (the National Forest permits

grazing) and the apples on a large lone tree caught the morning sun, every one of them announcing that although it might be still be warm, fall indeed was here.

Up until now I'd been hiking in forest, but now I could see for miles westward. Not down to Seneca Lake; it was too low. But I could see across the forests and fields of Hector, to the heights above Rock Stream and Dresden in Seneca's west shore. A tremendous view! After crossing the pasture I returned to the woods, and shortly reached Blueberry Patch Campground on Picnic Area Road at mile 4.9.

When I returned to this spot to begin my next hiking segment, the day was damp and drizzly, following a night of very heavy rains. Veteran hiker Ed Sidote had told me that the Interloken was a wet trail. I hadn't experienced that yet, but on this day I could see his point.

I'd had the sense to wear my L.L. Bean duck shoes instead of my New Balance sneakers, and a good move it was, too! There were long muddy stretches to navigate, and even the boardwalks were wet enough to be tricky and slippery. The brush approaching Foster Pond was soaked, and the little outlet stream swollen where you have to ford.

But I walked the whole way through a yellow wood. The leaves had changed, and even though their trees were various species, they'd just about all turned yellow, together. Now many acorns and hickories littered my way as I pushed on to my turning-back point, the northernmost crossing of Backbone Trail. Mile 7.4.

On my next expedition I parked at Searsburg Road, went south to Backbone, and once again doubled back to the car. Then I crossed the road and passed through another gate into another pasture. This pasture was home to a herd of black angus, who seemed puzzled by my presence rather than otherwise. Even so I didn't want to take anyone by surprise, so I kept up a



steady chant of ho, boss... ho, boss...though of course it's very likely that they don't understand Rhode Island bovine.

Cattle have beaten so many paths through this pasture that I had to thrash around to find the gate on the far side. When you enter through the southern gate, you'll see a small grove of trees to your left in the field. A tip for future hikers, make like General Pickett and angle toward the trees, then the gate's on the same line at the other side.

After a bit more hiking I was chest deep in brush and flowers, especially aster (both white and blue) and goldenrod, passing along the lovely Teeter Pond, cicadas singing out the summer. Beavers had been active here, perhaps within minutes, to judge from the pile of wood chips. It seems that one beaver joined the trail maintenance volunteers, as he's gnawing through a tree that's fallen across the way. I have an affectionate feeling for beavers, the more so as my *Mayflower* ancestor teamed up with Miles Standish, John Alden, and two other guys to buy a monopoly in the Plymouth fur trade. A few steps past Teeter Pond I found Seneca Road -- mile 9.8 -- and turned around.

Two days later, back to the parking area on Seneca Road - a wash-boardy seasonal road - and through the pasture gate into Seneca County. At first the way follows an abandoned road, along a line of maples, but then ducks into the woods, still gloriously yellow. I think of many walks over many autumns with my father, who passed away in April at age 87; he'd love this one. The track is now rocky, dark, and tunnel-like, and at one point carpeted with apples. I haven't seen much wildlife in these trips, but after a half hour or so I scare off a garter snake enjoying a patch of fall sunlight. I greet some horseback riders, and then reach Parmenter Road at mile 12.0. The end.

After some water and peanut butter crackers I hoist the backpack again, and thoroughly annoy that garter snake by coming back through. A hairy woodpecker poses perfectly above me. In the long gentle slope up to the pasture I'm in that shadowy yellow tunnel again, but up ahead is the tunnel's end, an inviting square of bright blue sky. Ten minutes across the pasture, and I've done the Interloken Trail twice (think about it, once each way) and I even beat bow season. Back to the car. On my way. Home. Next year, the Letchworth Trail!

## Memories and History of the Interloken Trail

*Jon Kapecki*

Reading Kirk House's account of his trek on the Interloken Trail stirred my own memories of this trail, memories of hikes and of a time when the trail was almost lost. The Interloken, running the crest of land separating Seneca and Cayuga lakes has always been one of my favorite hikes, for the views, for the history, for the wildlife, for the diversity and, oh yes, for the blueberries. I can remember several mornings of waking up in the frame lean-to at the southern tip of the Interloken, seeing the sky starting to bloom or a deer walk across the clearing. And I remember one cold winter dawn trying to coax my little Optimus 8R stove into life so I could brew a cup of coffee.

We almost lost that trail, and the quiet land that surrounds it, some 30 years ago. Back then, what we now call Finger Lakes National Forest had the more prosaic designation of the Hector Land Use Area. I've had a fascination with the Hector Land use Area ever since I first visited it over 40 years ago. It has a rich history as Iroquois hunting grounds, followed by European settlement during which the land was sufficiently denuded that it could no longer support farming or grazing. During the Depression it was abandoned and taken over by the federal government, initially managed by the Soil Conservation Service. This organization nursed it back to health and by the early '40s it was able once again to support controlled grazing. In 1954 it was transferred over to the US Forest Service under the concept of multiple use.



*High pasture apple tree, looking west to heights beyond Seneca Lake.*

Kirk House



*Pasture with cattle grazing by permit. Yes, the trail goes through the pasture.*

Tom Reimers

At that time, then Secretary of Agriculture, one James Watt, no lover of wilderness or anything like it, decided that a land use area should get some use but that hiking, camping, hunting, pasture, and resource management just didn't qualify. Watt announced the Hector Lands Use Area was surplus and would be put up for sale, blueberries and all. Good-bye Interloken Trail.

I remember that day well. I was on a plane out of Rochester headed for a two-week backpacking trip in Washington's Cascade Mountains, settling into my seat with a copy of the morning paper. The announcement of the intended sale rated a small story in the A-section, but it immediately caught my attention.

During our layover in Chicago, I picked up a package of overpriced stationery at an airport store and started letter writing on the next flight. I wrote to my legislators (national and state), my hiking and cross-country ski friends, anyone I could think of. Fortunately, I was far from alone. Back home others were organizing to try to stop the Hector from going on the auction block.

New York's legislators, alerted to the sale and the loss it would mean to those in the state who loved the outdoors, got behind a plan to rechristen Hector into Finger Lakes National Forest, still the only federal forest in our state and thankfully still a treasure for all of us to enjoy and use sustainably. Though all that happened three decades ago, I continue to find it an inspiration that we who cherish places like the Finger Lakes NF can successfully work together to preserve our public lands for future generations.

I am thankful that the forest will still be there long after I have passed. 🍁

*The Interloken Trail is maintained by the Cayuga Trails Club, led by the group's Trails Chair, Paul Warrender.*



Tom Reimers

*Teeter Pond, one of several along the Interloken Trail.*



# End-to-Ender: Irene McCarty #358

October 2004 was a big day for me as I summited Mt. Haystack in the Adirondacks. This was my final of the 46 high peaks and the end of my quest to become a "46er." My husband, son and daughter-in-law were with me and after a quick celebration on top, we hustled down, as, naturally, it was a cold, wet and foggy day.

Next I walked the 70 mile Genesee Valley Greenway and enjoyed some cheese at the Cuba Cheese Shop! Then came the 60 mile long Pine Creek Trail in Pennsylvania. Always looking for another challenge I took up walking marathons.....3 times I did the Rochester one and 2 times one in Harrisburg, Pa. (in torrential rain, of course). Many 5K's and medals later I said to myself, now what?



John McCarty

At the time I was working for Bob and Marie Emerson and we talked lots about hiking and the lean-to he was helping build at Buck Settlement down near Watkins Glen, so when I went home and told my husband John about this, of course we had to go check it out. This was our introduction to the FLT and the decision to become an end-to-ender came soon after. Beginning in the summer of 2009 to the end of August 2013 you'd find us out there whenever possible.

One major factor of hiking is the weather!! I have slogged through snow in the Catskills, forded streams running high because of flooding, fallen down in slippery mud, rolled under electric fences, been literally chased by a herd of cows, scared by pigs grunting at me while passing their pen, and that's not counting the numerous times I was "lost" because of blow-down, confusing "White Flashes" and so on. The Susquehanna Motel in Bainbridge became our home away from home with dinner at Jerry's Inn, both highly recommended.

Looking back I must say that in spite of the many hardships I thoroughly enjoyed the experience and plan on completing all the branch trails as well, currently working on the Conservation Trail, so more adventure to come.

I hiked alone on the trails, but none of this would have been possible without my chauffeur (husband) John, who faithfully drove me from trailhead to trailhead. I do believe his experiences were equal to mine, as the back roads of New York State are anything but easy to maneuver. We used Walkie-Talkies and also a GPS which I was forced into learning due to necessity or I might still be out there!!

Another couple of obstacles I had to overcome included a heart attack in January of 2010 (John had us backpacking into Sugar Hill lean-to in February as soon as I got the OK from my doctor) and a herniated disc along with sciatica in my left leg in the summer of 2012. Oh, by the way, I celebrate my 69<sup>th</sup> birthday this year, so am quite proud of my achievements if I say so myself! 🍁

## FINGER LAKES TRAIL MEMBERSHIP FORM

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
County \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_  
Email \_\_\_\_\_

Make check payable to the Finger Lakes Trail Conference, mail to 6111 Visitor Center Rd., Mt. Morris, NY 14510 along with this form.

Annual dues (Membership year runs from April 1 to March 1. Dues paid after Dec. 31 will be applied to the next membership year.)

Individual .....	\$30	Contributing:	
Family .....	\$40	Pathfinder.....	\$50
Student (full-time; give		Trailblazer.....	\$75
permanent address) ..	\$15	Guide .....	\$100
Youth organization .....	\$15	Life (individual).....	\$400
Adult organization .....	\$50	Life (family).....	\$600
Business/Commercial			
(includes a listing on the FLT website).....	\$100		



# Wegmans Passport Program Winner - Jo Kish

Article and Photos by Josephine Kish

*A drawing among those hikers who sent in their "passports" of ten hikes or more to the FLT Service Center produced the 2013 winner of a Wegmans gift card, so here is Jo's story. This was definitely a case where the intent of the Passport Program produced great results!*

Three average co-workers decided one day to try some hiking. A Finger Lakes Trail group was in our Southern Tier area, so we decided to try hiking with the group, but Rita Jensen, Carol Romeo and I had schedules that were difficult to synchronize. In addition, driving long distances to join up with the FLT group became a problem. That's when we decided to start purchasing FLT maps and doing the hikes on our own.

After hiking the central Finger Lakes area, we headed west. To



The three hikers are, from left to right: Jo Kish, Carol Romeo, Rita Jensen

decrease the driving, we stayed at hotels and did three days of hiking at a time. But we could do this only every six weeks or so.

That's where the Wegmans Passport Program came in. We could stay fit by doing the short Passport hikes, many in our area, between the longer three-day hikes. We even bought snowshoes to do the Letchworth Mt. Morris Dam hike and the Buck Settlement Loop in the winter. Without this program, we may not have considered these shorter hiking opportunities and missed out on some new, exciting experiences that helped keep us fit for the longer hikes.

Thank you, Wegmans and the Finger Lakes Trail Conference, for the \$100 Wegmans gift card and especially for promoting hiking! 🍁



A great viewpoint across Letchworth gorge on the Map L2 Passport Hike. The Passport booklets give great directions to special hikes, and include a metal sign where a pencil rubbing "proves" that we did Passport Hike L2.



# Trail Topics: “Trail Sponsor News”

Steve Catherman, Vice President of Trail Maintenance

It's the time of year to recognize some new Trail Sponsors who joined our ranks during the second half of 2013 and will soon be out maintaining their respective sections of trail:

- Professor **Thomas Kettelkamp** and a class from **Houghton College** have taken over 5.5 miles of trail on Map M6 between Access 3 at County Route 3 near Fillmore and Access 5 at Camp Road just north of the Allegany/Wyoming County line. The Houghton students will be maintaining trail previously tended by former FLTC Treasurer Peter Wybron and Boy Scout Troop 38 led by Scoutmaster David Knights. This is a great opportunity to expose young people to our trail system; hopefully the scouts gained from this experience as well. Thanks to Peter and David for all the time you have put into the trail.
- Last summer, **Dan Speakman** from Darien Center began maintaining the 2.7 miles of trail starting at Camp Road on Map M6 and ending at Wiscoy Road near Portageville in Wyoming County. This is about one half of the section of trail previously maintained by Ken Wallace from Castile. Regional Trail Coordinator Marty Howden is currently looking for someone to pick up the next 2.7 miles of this trail section from Wiscoy Road to State Route 19A at its junction with the Genesee Valley Greenway.
- **Sasha MacKenzie** from Naples is the new Sponsor of 4.4 miles of the Bristol Hills Trail on Map B2 between Access 7 at Brink Hill Road and Access 8 at County Route 18. This is the section of trail advertised in our previous edition of the Finger Lakes Trail News that spans from High Tor Wild Life Management Area to Italy Hill State Forest in Yates County. Sasha takes over for former FLTC President David Marsh. Thanks again, David, for your time and for finding your own replacement!
- **David Drum** from Hammondsport has taken on another volunteer position by agreeing to maintain the next 6.7 miles of the Bristol Hills Trail on Map B2 beginning at Access 8 on County Route 18, including five miles through Italy Hill State Forest, and ending at Access 9 on County Route 34. He has also agreed to help Sasha with some field mowing on her section of trail. Dave is a current member of our FLTC Board of Managers and the Chair of our Land Navigation Committee as well. Many thanks for many jobs, Dave.
- **Still available**, on Map B3 between Access 12 at CR 75 and Access 14 at County Route 74 just east of Prattsburgh is the short 2.2 mile mainly wooded section of the lovely Bristol Hills Trail in Steuben County. Please contact me or the Regional Trail Coordinators, Tom and Donna Noteware, if you would like to adopt this piece of trail.
- Regional Trail Coordinator Don Sutherland has just found a “new” Sponsor for the 3.6 miles of trail between Bainbridge and Neff Hill Road on Map M26 in Chenango

County that was also just advertised in our last *FLT News*.

**Dennis Uhlig** from Sidney has decided to rejoin our trail maintainer ranks after taking several years off. This trail section is closer to home for him, a win-win situation for all. Thank you, Dennis, for coming back .

- Downstate on Map M28, just west of the Catskills, Regional Trail Coordinator **Rick Roberts** has been busy recruiting maintainers for several sections of newly relocated trail through the NYC Department of Environmental Protection Water Supply Reservation in Delaware County. This new trail is the result of monumental efforts from Rick, in scouting and securing the track, and several Alley-Cat crews in constructing it over the past year or two:

1. **Chris Herbert** from Susquehanna, Penna., is sponsoring 4 miles of the new trail starting at the north end of Dryden Brook Road and ending at the State Route 268 bridge over the Cannonsville Reservoir.
2. **Teresa High** picks up maintenance of the new trail from State Route 268 for 4.7 miles along the Reservoir, generally following the old Ontario & Western railroad grade, before stopping at Chase Brook Road.
3. **Tim Davis** from Cincinnati is the Sponsor of the next 3.1 miles of this trail that runs off and on the old railroad bed along the West Branch of the Delaware River that feeds the Reservoir. His section comes to an end at Beers Brook Road.

- **Beth Altmann** from Binghamton is now maintaining almost 7 miles of trail beginning in Downsville on Map M29 and connecting to the Campbell Mountain Trail in the Delaware Wild Forest before ending at State Route 206 on Map M30. The first five miles of this section coming out of Downsville is another big chunk of trail recently relocated off-road by Rick Roberts in his Region. Good work, Rick.

- **Still available**, the adjoining 4 mile section of trail on Map M30 to the east of Beth's starts at State Route 206 and climbs to the top of Brock Mountain at 2760' where there is a nearby flat rock outcrop and bivouac area . From there it descends nearly 700' to a three-way junction with the Pelnor Hollow Trail and a non-FLT trail to Little Spring Brook Road. Please contact me or Rick if you are interested in maintaining this remote section of trail in the Delaware Wild Forest in the heart of the Catskills. 🍁

**Contact: Steve Catherman**  
stevec@roadrunner.com  
607-569-3453



Tammy Catherman



# Trail Topics: 2014 Alley Cats

*Matt Branneman, Vice President of Construction*

I want to thank all the volunteers who helped make the 2013 building season a huge success. We logged a staggering amount of hours worked totaling 1209 and traveled over 401 hours just to get to the work site before working. Total distance traveled over 12,810 miles! This is just a small testament to the dedication of our volunteers. The real testament is the fruits of their labor that anyone hiking the FLT can enjoy now and for a long time to come. Thank you!

The 2014 season will be adding a lot of new trail and rebuilding a bridge. Rick Roberts is once again leading the second portion of Catskills trail re-route near Cannonville Reservoir that was started last spring, taking 3.5 miles of trail off the road. Again Rick will be letting us use his house for this project on May 24 to May 28.

Mike Tenkate will be leading a trail re-route in Hoxie Gorge State Forest, just east of Interstate 81, adding over 5 miles of new trail. This will take place August 4 to August 8.

Paul Warrender again will lead another bridge re-build in Danby State Forest south of Ithaca. We will be staying at Camp Badger again during the project from July 23 to July 27.

A re-route in Rock City State Forest will separate the FLT from mountain biking trails at the far west side of our trail system. Marty Howden will be the project manager, September 6 to September 10.

I hope you will consider coming out this year again or for the first time to help make the trail even better. Sign up for an Alley Cat on our website. 🍁



**Contact:** Matt Branneman  
mattbranneman@gmail.com  
607-220-7812

## Regional Trail Coordinators (west to east):

- **Marty Howden** (585)330-1872 [howser51@yahoo.com](mailto:howser51@yahoo.com) M1-M6: main trail from the PA border in Allegany State Park east to Letchworth State Park; CT1-CT12: Conservation Trail north to Niagara Falls.
- **Ron Navik** (585)377-1812 [ron.navik@frontiernet.net](mailto:ron.navik@frontiernet.net) M7-M11: main trail from Letchworth State Park east to Bath; L1-L2: Letchworth Trail
- **Lynda Rummel** (315)536-9484 [ljrassoc@roadrunner.com](mailto:ljrassoc@roadrunner.com) M12-M14: main trail from Bath east to Watkins Glen; QCMLT-MFHLT: loop trails between Watkins Glen and Montour Falls
- **Tom and Donna Noteware** (607)868-4616 [noteware@empacc.net](mailto:noteware@empacc.net) B1-B3: Bristol Hills Trail from the main trail near Mitchellsville north to Naples and Ontario County Park
- **Pat Monahan** (607)936-8312 [pmonahan@stny.rr.com](mailto:pmonahan@stny.rr.com) CH1-CH3: Crystal Hills Trail from the main trail near South Bradford south to the PA border
- **Paul Warrender** (401)439-8285 [paul.warrender@yahoo.com](mailto:paul.warrender@yahoo.com) M15-M19: main trail from Watkins Glen east to Greek Peak Ski Area; I1: the Interloken Trail north through the Finger Lakes National Forest
- **Tony Rodriguez** (315)446-3586 [boricua1037@verizon.net](mailto:boricua1037@verizon.net) M20-M22: main trail from Greek Peak Ski Area east to NY26 near S. Otselic; O1-O2: the Onondaga Trail north to New Woodstock
- **Ed Sidote** (607)334-3872 [ejsidote@frontiernet.net](mailto:ejsidote@frontiernet.net) M22-M26: main trail from NY26 near S. Otselic east to Bainbridge
- **Don Sutherland** (607)754-9573 [dsutherlandny@aim.com](mailto:dsutherlandny@aim.com) M26-M27: main trail from Bainbridge east to Cannonsville Reservoir
- **Rick Roberts** (607)746-9694 [hikerrick2000@yahoo.com](mailto:hikerrick2000@yahoo.com) M28-M33: main trail from Cannonsville Reservoir east through the Catskill State Park to the eastern terminus of the FLT at the Long Path

## Chain Sawyer Training

We still have some room in the two classes. This year's chainsaw certification training classes will be held on May 17 & 18 and June 7 & 8 at Birdseye Hollow State Forest. This training is required to operate a chainsaw on our trails. Overnight accommodations will be available and there will be no cost for the chainsaw training. Those taking the class will need to have current certifications in CPR and First Aid. Any questions please contact Marty Howden ([howser51@yahoo.com](mailto:howser51@yahoo.com) 585-567-8589) or Lynda Rummel.



# Trail Topics: Mapping Input

*Greg Farnham, Mapping Director*

Since last issue's update, the following FLTC Map changes have been made:

In November, maps M19, M28, B1, B2 and B3 were updated as follows:

The trail on **M19** underwent several reroutes by the sponsor (Joe Dabes) to avoid wet areas, etc. Joe did all the work on this one, including updating the map. Thanks, Joe.

Map **M28** was updated to add some road markings, labels, and arrows, and to update a road name to match local signs, as the road name had recently changed. There was no change to the trail itself.

Maps **B1-B3** were updated to reflect and clarify hunting closures and sponsor listing on the map reverses, but there were no trail changes.

In January, maps M04 and CT04 were updated as follows:

Due to a **permanent loss of owner permission** in effect from map **M04** mile 14.1, at the intersection of NY 16 and NY 98, to the end of the map at Access 5, the trail has been moved to the former Hunting Bypass using NY 16 south, left on Green St., left on Pine St. which becomes Kingsbury Hill Rd.

Due to another **permanent loss of owner permission** in effect from map **CT04** mile 3.2 at the intersection of Kruse Road and Canada Hill Road to Roszyk Hill Road, the trail has been moved to the former Nature Trail Loop. Per trail sponsor Dave Potzler, the Nature Trail Loop blue blazes will be changed to orange in April 2014.

In addition, there is currently a pending change to map **B1** due to a third **loss of owner permission**. The FLTC B1 trail is now closed between access points 4 and 5 on Map B1. The trail is closed from about 2.5 miles south of Seman Road and is no longer a through trail. Hiking is now prohibited on the abandoned Fried Road at the top of Mt. Pleasant Street in Naples.

The current re-route begins at map mile 6.7, at the intersection of CR 33 and Seman Road, and continues another 3.5 miles south on CR 33. The trail then crosses Elizabeth St. bearing right onto Cross St. After 0.1 miles, the trail turns left (NE) on S Main St which becomes NY 21 Bristol Springs Rd.

Hikers may continue south of Seman road on the blazed trail, but should be aware that it is only open as far as the spur to the scenic outlook. Just beyond that, the trail is closed and hikers must reverse and retrace back to Seman Road, and then west to follow the current re-route.


This temporary re-route will be in effect until owner permission issues can be resolved or the trail can be permanently re-located.

Trail Conditions (TC) notices have been posted for each of these updates. Previously posted TC notices that have been incorporated into these or previous updates to these maps have been archived.

A note regarding map changes:

Map updates are made **only** when the cognizant Regional Trail Coordinator requests an update. This ensures that all maps (combined with associated Trail Conditions notices) always reflect the trail's actual location and specific regulations. If trail location, conditions or rules change in between map updates, the relevant information is posted on Trail Conditions. This is one of the reasons why hikers should always consult the Trail Conditions page prior to engaging on a hike. Armed with the current map(s) for the trail(s), and the current Trail Conditions posting, a hiker has all available information about the current trail location, conditions, rules, etc. If a hiker then encounters something different from the information provided, it is probably a new situation that should be reported to the trail sponsor and Regional Trail Coordinator. Reporting in these cases should be done by going to [trailreport@fltconference.org](mailto:trailreport@fltconference.org) using the e-mail link provided on the home page, where you are asked to...

If you do not have e-mail, call the FLT Service Center in Mount Morris at (585) 658-9320. During times when the office is not open, please leave a voice message with a daytime phone number where we can reach you for more information.

Respectfully,  
Greg Farnham 

**Contact:** Greg Farnham  
[greg.farnham@me.com](mailto:greg.farnham@me.com)



Greg Farnham

Our sincere thanks for gifts in memory of:

***J. Robert Muller***

from

Ryan Castle  
Marilynn Draxl  
Teresa Giarrosso  
Michael Maxwell  
Ed Sidote  
Susan Yee  
Phyllis Youngmans



# Trail Topics: No More Potty Jokes, Please!

Lynda Rummel, Vice President of Trail Quality

I learned a hard lesson recently: Nothing – not brilliant prose, carefully crafted argument, or even Whitman-esque poetry -- stimulates discussion on the FLTC listserv like a photo of a crapper in the *FLT News*. Over several weeks, snide potty jokes flew through the ether faster than a backpacker after a bean burrito dinner, as readers tried to locate the particular chum toilet I'd photographed (although the caption said where the privy was) or recounted stories about minimalist privies they had seen or used elsewhere. I have to admit, I laughed, too, as I hope all other listserv readers did, too.

But yes, it did get a bit old, but it was all kind of charming, in its own backwoods kind of way, proving that we hikers are a sometimes silly but earthy lot, not the elitist snobs we are portrayed as being when we insist on not sharing the trail we've toiled to build with other kinds of users so that we can continue to have some real "wilderness experience." In keeping with our frontier spirit, I thought I'd talk a bit more about the challenges that a volunteer organization faces when trying to handle human waste properly in the "back country."

This is really a serious topic, because we *must* provide some sort of toilet and we *must* be frugal with our finances and human resources. You have to be a problem solver to find this interesting, but you don't have to be a civil engineer. If you followed the listserv exchanges about this topic, I ask for your patience while I go through the planning that must be done and the factors that must be considered just for building a toilet in the woods. It's enough to make one wish to be a bear.

The first thing to remember is that the landowner or the land-manager, not us, decides what we can build on the land. The FLTC owns precious little land. About half is owned by the public and managed by a designated public entity like the NYS DEC, while the other half is owned by hundreds of private property owners. While a few of our many generous landowners are now inviting us to site shelters on their lands, most of our camping facilities are on public lands. When we build a toilet on public land, the land-manager tells us what kind of toilet is acceptable and where it is going to be sited. Often this individual walks the general site area with us and may actually select the specific location for the shelter, table, and fire ring, as well as the privy. We can suggest a location, of course, but it's the land manager who decides.

Structures built on public lands are subject to many regulations that similar facilities on private lands are not. In particular, the FLTC has agreed that *permanent structures*, such as shelters, real bridges, and toilets will be compliant with handicapped accessibility guidelines, regardless of the condition of the trail leading to them. *This means a wheel-chaired person must be able to use any new toilet* that we install. Further, toilets, like real bridges and lean-to's which also disturb the ground, must not disturb archeologically sensitive

areas, must be appropriate for the landscape and soil conditions, and must not pollute nearby water sources. Hence, we look for a solution that has the smallest footprint we can find, has flexible siting requirements, and isn't too invasive.

Usually we and the state foresters can agree on a location where a pit toilet is acceptable. From our perspective, this is good, because the alternatives are: (a) containers that must be pumped out and therefore must be accessible to vehicles, which we don't want on or near the trail, or (b) containers that can be carried out, and therefore are impractical because they likely hold little waste and can be vandalized easily, or (c) facilities called mouldering toilets which compost human waste above ground, and therefore have a large footprint and are quite expensive and labor-intensive to build. Remember that the money and the labor come from us volunteers, and money spent on a privy is money that could be spent on a bridge that replaces a ford or on a board walk across the edge of a swamp that hosts beaver and wood ducks, so a comparatively inexpensive toilet that can be installed easily has a lot of appeal. (The only mouldering toilet along the Finger Lakes Trail is at the Dunham Shelter in the Finger Lakes National Forest. This was built just a few years ago by a professional crew from the Student Conservation Corps. Stimulus money paid their salaries and for at least some of the materials. It's an impressive structure.)

We are lucky that we can also agree that a chum toilet or wilderness privy – a roofless, wall-less pit toilet – is acceptable, because the alternative, a handicapped accessible shed housing a box over a pit, is large, pretty expensive, and labor-intensive to build, though less so than the handicapped accessible mouldering toilet. A wilderness privy costs around \$335 including shipping, footers and railings, while a handicapped accessible mouldering toilet probably costs at least 20 times more. If a fiberglass model isn't available, we can build a wooden version that substitutes a square box for the contoured fiberglass seat (see photo).

My first experience with having to build a handicapped accessible outhouse was when building the Buck Settlement Shelter in Sugar Hill State Forest (M 14) in 2006. The construction plans for the outhouse were inadequate and led to mistakes. The final structure was costly and took longer to build than the log shelter. At the same time, a student from Montour Falls pre-built sections of the outhouse at home where he could adjust for the mistakes in the plans, and then was allowed to truck in materials using old Sickler road. It still took some significant adult help, but he managed to build a really nice handicapped accessible shed-style outhouse for the two DEC lean-to's downhill from the Fire



Rolf Zerges

Tower and complete his Eagle Scout project. These two experiences showed us how costly and time-consuming it was to build a shed-like outhouse that was handicapped accessible and led us on a quest to find a good alternative.

I documented this quest in several issues of the *Trail Tenders' News*, which you can access online at [www.FingerLakesTrail.com](http://www.FingerLakesTrail.com) → Members → Volunteer Trail Maintainers → Trail Tenders' News. We investigated toilets used in the Adirondacks and on other national scenic, long-distance and backwoods trails, and researched how waste is handled in Boundary Waters/Quetico and Algonquin Provincial Parks. We discussed, quite thoroughly, the merits of various styles of outback toilets and analyzed their drawbacks. When the NYS DEC told us that a chum toilet was acceptable, we debated whether we should even have a privy that wasn't all that private, then focused on how we could make it more private by creating visual barriers between the shelter and/or trail and the privy, and finally wondered just how awful it would be to try to use an "open-aire" toilet in the winter. In the end, the low cost, ease of transporting in the materials and building the structure, ability to build at least partial visual barriers sometimes with no expense at all (sometimes just siting it over a little hill will suffice), the pleasant absence of spider-webs and mouse droppings, and the gnaw-proof nature of the contoured fiberglass made it an easy choice.

By the way, we do recommend building or creating a privacy fence, since that gives the user a place to hang his or her hat or bandana, which tells others the toilet is in use. The Scouts who built the replacement privy at the Outback Inn (Map B2 in Yates County) added fencing to the handicapped accessible railings instead of building the fence halfway between the privy and the trail. This "solution" does cut costs, but it does not provide the degree of privacy desired, so we're thinking of adding a real privacy fence sometime next year.

And so we now have nearly a dozen chum toilets installed. You'll see that a few lack railings on the back or side and a few have their 4x4 supports exposed above the ground; these were installed before we learned that railings were required for those with less capable legs. So, despite all the jokes, the decision to build simple wilderness toilets seems to have been a good one. Knock on wood (or fiberglass), none has been vandalized, yet, and using buried and/or rebarred 4x4's for the base has apparently stopped the sport of "toilet tipping" in its tracks. 🍁



Warren Johnsen

**Contact:** Lynda Rummel  
ljrassoc@roadrunner.com  
315-536-9484  
315-679-2906 (Jan. - Mar.)

## Open Aire Letter

I was delighted to read in the Winter 2013 issue of *FLT News* on page 5 about the new privy on trail section M-23. After my grandfather died in the early 1970's, I convinced some relatives to contribute/create the Jacob Papish Fund as a memorial. While the FLT did not traverse our property, at that time this section of the trail had not been developed yet but was closest to our property which had been acquired by the DEC. It was there at a very young age and finally diaper free that I was introduced by my always out-of-doors grandfather Jacob to the splendid pleasure of the "open aire dump." We are, therefore, thrilled with the use of funds for privy, pit, and picnic enjoyment!

Nancy Papish, Schenectady

Editor: Feel free to print in *FLT News*.

*In fact, Nancy, the small Jacob Papish Fund had grown to some \$2400 over the years and had not been used because it was limited to Map M23 in Chenango County. So the materials for the entire Pharsalia Woods Leanto project, other than the state forest logs, were paid for by your family's memorial fund. Thanks for your vision forty years ago.*



# Invitation to the Annual Meeting and Board Nominees

All members of the FLTC are invited to the Annual Business Meeting of the Finger Lakes Trail Conference, Inc., on Saturday May 31st at 4:00 pm at Cazenovia College, in Cazenovia, N.Y. Members will vote on the nominees, listed below, for the Board of Managers. Other nominations may be made in accordance with our bylaws. A proxy form for those unable to attend will be mailed in March. Further information may be requested from the FLTC Service Center at 585/658-9320.

Nominees for the Class of 2017 Board of Managers

*Scott Brooks*

*Michael Ogden*

*Debra Nero*

*Sigi Schwinge*

*Wendy Stevenson*

*Neil Yoder*

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## Scott Brooks

I grew up in Rockland County, NY, and had the good fortune of living right next to Harriman and Bear Mountain State Parks. I hiked in these parks regularly and grew to love hiking. When I came to Rochester in 1995 to attend RIT, I found that I missed hiking. I walked on the Erie Canal path, but that didn't provide the woodland hiking experience that I was looking for. I stumbled upon the Finger Lakes Trail while walking the Genesee Valley Greenway end-to-end and found what I was looking for! I have since completed my main trail E2E and I'm working on my branch trails. I work as a test Engineer for a company that builds signal and control systems for trains (both mainline railroads and transit systems). The FLT gives me the chance to unplug and de-stress. Since my job often intrudes on my weekends, I like to go hiking every chance I get. I have taken much enjoyment from the Finger Lakes Trail so I would like to give back by doing whatever I can to protect and improve the trail so that it is there for others to use and enjoy.

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## Michael Ogden

I live in the Town of Van Buren in Onondaga County. I've been employed as a plumber/pipe fitter for the past 36 years, much of that time as a foreman. My family and I have spent a lot of time in the Adirondacks camping, hiking, backpacking, canoeing and fishing. It wasn't until about three years ago I looked in my "backyard" and decided to hike the FLT. I backpacked part of the Onondaga Trail and stayed in the Hemlock lean-to. I was so impressed with the trail I joined ADK-ON because I knew they maintained that section and I wanted to help out. Shortly after, I joined the FLTC. I now maintain a section of trail on M-22 as a trail steward. Now I would like to help out in other ways. We need to keep this premier trail system of ours going strong.

## Debra Nero

I have a PhD in Genetics and have taught Genetics at Cornell University for the past 20 years. As a result I'm good at organizing, explaining and convincing! I came across the FLT about 5 years ago while hiking the mountain bike trails in Shindagin Hollow State Forest outside of Ithaca with my Australian cattle dog. Since then I've adopted two more cattedogs and acquired a like-minded hiking buddy. We hike every weekend possible. We've completed the Finger Lakes Trail (end-to-end #346 and 347), and will complete the branch trails in three more hikes and I have become a big fan and staunch advocate of the FLT! I think the FLTC is doing a great job and I look forward to helping to support and organize the trail for the future.

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## Sieglinde Schwinge (Sigi)

Growing up in Germany I enjoyed hiking between youth hostels as a teen, and after my husband Horst and I came to the States in 1966, we still prefer to be out on a trail. We have two grown sons and grandchildren in Buffalo, and like to explore parks in the area, since I retired from college foreign language teaching. To recharge the brain, we go a few weeks to the Chautauqua Institution, and also discover new trails there. I kayak, x-country ski, snowshoe, travel, read, knit, and like puzzles of all kinds when the weather keeps me indoors. When our sons went to college we joined Adirondack Mountain Club's Onondaga Chapter which led to trail work, becoming a trail steward, a hike leader, and new trail builder. I am trail steward on two sections of the FLT/NCTA and a trail in the Pigeon Lakes Wilderness Area in the Adirondacks. I lead work hikes in the Pigeon Lakes WA, which our ADK chapter adopted, several times a year. I am active (and served as vice chair) in the ADK-ON board. An FLT conference over 10 years ago introduced Horst and me to the county hikes. I have done about 10 of them so far, and became end-to-end (#230) on both the main and branch trails; still working on my second one.... I currently serve on the FLT Board of Managers and would like a second term.

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## Wendy Stevenson

A longtime member of the FLTC, I have participated in the county hike series (End to Ender #328), spring meetings, fall campouts and several trail projects. As part of the Foothill Trail Club's 50<sup>th</sup> Anniversary Celebration I completed the 2011-2012 Conservation Trail hikes. I am a member of Springwater Trails, a relatively new hiking club located in the Western Finger Lakes. A favorite section of the FLT for me is where it crosses a woodlot that was part of my Great Grandfather's farm where I spent time as a kid and which is now the Finger Lakes Land Trust Stevenson Forest Preserve. I have a Natural Resource Conservation degree from Finger Lakes Community College and have worked at the New York State Department of Environmental Conservation in Avon for 30 years. Membership in the Conference has given me wonderful experiences and I look forward to serving on the Board of Managers.

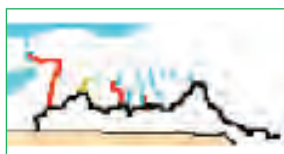
## Neil Yoder

is a member of the FLTC and AMC. Neil is passionate about the outdoors and participates in a variety of activities including hiking, biking, kayaking, backpacking, climbing and skiing. As an avid mountaineer he has climbed such mountains as Mt. Rainier, Mt. Elbrus, Mt. Kilimanjaro, Mt. Orizaba, Mt. Iztaccihuatl, and others. Professionally Neil has an Elementary Education degree and currently is Program Director at Watson Homestead Retreat Center outside Corning, where he engages guests in a variety of retreat activities. Several weeks throughout the year, Neil introduces folks to the FLT by leading day hikes for Watson's Road Scholar hiking programs. He brings with him a broad skill set and a joyful, positive attitude.



Jacqui Wensich

*Evangeline Shelter on map B3, between Prattsburgh and Hammondsport on the Bristol Hills Trail. Was anybody camping there THIS winter?*



## Answer to the Winter "Name That Map!" Quiz

*So, you hiked the FLT or parts of it. Let's see how observant you were!*



Previous photo by David Keegan

**Send your guess to:**

**Jacqui at [jwensich@rochester.rr.com](mailto:jwensich@rochester.rr.com)**

Terry McConnell is the only one to identify correctly this photo as Alder Lake on Map M31 at the Catskills end of the trail. Terry's reasoning:

*Really conflicted on this one. I was all ready to say Alder Lake, M31, when I noticed the end-to-end picture on page 11, taken apparently from the bivouac area on Big Pond. The profile of the hills in the background fits really well, especially if you shift the point of view westward around the pond to where the trail passes next to the lake. There is even the little point sticking out in the lake below the big hill. But the big hill just seems too prominent. If we knew time of day that would clinch it, but the contest photo could be either evening looking south, or morning looking north.*

*I'll go with Alder Lake, M31. Picture taken in the mid-afternoon looking SSW from the northernmost point on the shoreline. TMC*



▼ For our next mystery. April Photo by J. Wensich



## 2013 Donors

The Finger Lakes Trail Conference gratefully acknowledges the support of all our members and donors, and especially wish to recognize the following individuals, businesses and organizations for their generous support during 2013. The amounts listed include dues and contributions to any FLTC fund. We have done our best to be accurate in spelling names as well as making sure we got everyone in the right categories. We apologize if some mistakes have crept in.

### \$1000 and above

Georgiana & Eugene Binder  
William S. & Mary Coffin  
Peggy Coleman  
Joe Daley  
Ronald W. & Barbara Navik  
David, Laurel & Peter Newman  
North Country Trail Assoc.  
Lynda Rummel & Rolf A. Zerges  
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Robert Whitbeck  
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Daan Zwick

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Dr. Peter & Mrs. Mary Huntington  
William F. Jones  
Lois Justice  
Mary Keller  
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Josephine P. Kish  
George J. Knorr  
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Robert Kremens  
David Lee & Marjory Rinaldo-Lee  
Kenneth Lewaine "The Big Mully"  
Daniel Linnenberg  
Michael & Jean Loftus  
Ralph C. Lynn  
Ian G. Mackenzie  
Ernest & Heide Mahlke  
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Joseph Carson	Nanda & Alan Hopenwasser	Paul M. Murphy	Raymond Zinn

TO MEMBERS OF THE FINGER LAKES TRAIL CONFERENCE: Pursuant to Section 726(d) of the New York State Not-for-Profit Corporation Law, the Finger Lakes Trail Conference, Inc., is required to mail to its members not later than the date of the annual meeting of members a statement specifying certain details with respect to the purchase or renewal of its insurance for the Society's indemnification of its directors and officers. Accordingly, please be advised as follows:

1. The name of the insurance carrier is Great American Insurance
2. The cost of the insurance to be paid during the 2013 - 2014 fiscal year is \$1300.
3. The indemnification insurance contract covers any person who has been, now is, or shall become a duly elected director or trustee, a duly elected or appointed officer, an employee, committee member, whether or not they are salaried, any other person acting on behalf of the Conference or at the direction of an officer or board of managers of the Conference.



# Howard Beye Winter Hike

Cate Concannon

The Howard Beye Winter Hike began four years ago to honor the contributions to the trail made by Howard Beye and to celebrate winter hiking. As I told the assembled group at the spectacular Jump Off viewpoint at Ontario County Park, I did not have the privilege of knowing Howard, as he passed away prior to my joining the Board of Managers. One thing that was said about him has stuck with me: when Howard passed away, all of the work he did had to be divided among four volunteers! He was a tireless advocate for the Trail, and through his efforts we are lucky to have this wonderful trail to hike on year round.



and our 6.3 mile hike from Access 1 at the park through Camp Cutler to the parking area on Clement Road was an enjoyable one. There were a few hills, including the somewhat steep Cleveland Hill, to keep the blood flowing. The absence of leaves allowed us some beautiful views of the hillside around Canandaigua Lake, including one vista near Porter Road with beautiful white fluffy clouds resting upon a purple hilltop.

I was happy to see some Howard Beye 2013 return hikers from the Springwater Trails Hiking Group, including Mark Hopkins who surprised us with some delicious cookies. Also

from the Springwater Trails group were Wendy Stevenson, Rick Hennen, and Cheryl Deussenbery. Traveling the farthest to join us was Paul Good, who drove up from Horseheads, while Melissa Cohen drove the shortest distance. Joining us from the greater Rochester area were Peter Latham, David Matthews, David Tuttle, and John Schmitt (both also attended HB 2013) and new Board of Managers member Scott Brooks.

Let's keep our fingers crossed for some true winter weather for Howard Beye 2015! 🍁

Although the hike has been held on the same weekend for four years, the past two years have provided us with more spring-like conditions. Attendees on last year's Letchworth Branch hike remember the very wet conditions and more than 20 stream crossings due to unexpected warmer weather the week before the hike. This year's hike, held on January 11th on the Bristol Hills Trail, experienced similar conditions. A week prior to the hike it appeared that snowshoes would be in order for the hike, but an unexpected bit of warm weather melted nearly all of the snow and temperatures on the day were in the low 40s. Snowshoes were left in our cars and many donned traction devices to help with the slippery spots.

The long range forecast predicting heavy rain for most of the day deterred some potential hikers, but a group of 13 people met up at Ontario County Park for the hike. Thankfully the rain stayed at a drizzle for most of the day,



Two fabulous views from the hill owned by Boy Scout Camp Cutler across glacially sculpted valleys around Naples on the Bristol Hills Branch.

## **"Wally Wood" Spring Hike**

*Saturday, May 3, 2014*

*FLT Map CH3*

### **Crystal Hills Trail And Beyond!**

#### ***Hike Leaders:***

Debra Nero, [dn13@cornell.edu](mailto:dn13@cornell.edu), (607)227-7957  
Laurie Ondrejka, [laurie.ondrejka@ellucian.com](mailto:laurie.ondrejka@ellucian.com) 585-727-6495

#### ***Hike Description:***

Find out what's beyond the southern end of the Crystal Hills Trail (CHT). There will be two versions of the hike, a longer 11.5 mile and a shorter 6.5 mile hike. Both hikes will end at the same point.

The longer hike (11.5 miles) begins at the parking area at mile 5.4 on FLT Map CH3, and will take in the southernmost 3 miles of the Crystal Hills Trail before continuing south on the Midstate Trail into Pennsylvania where we will hike around the man-made Cowanesque Lake and past the site of Nelson ghost town.

The shorter hike will be totally in Pennsylvania, going around Cowanesque Lake and past Nelson ghost town. Cowanesque is pronounced "kow-a-NESS-kee" and supposedly in some Native American language meant "covered with briars."

Trail maps, trail info and history of the area in Pennsylvania will be available at the beginning of the hike.

**Meeting Location:** Hikers will meet at 10am at the west end of the parking lot of the South Shore Recreation Area off Rt49 in the town of Lawrence, Pa.

From there, those interested in the short hike will carpool to the entrance of the Tompkins Recreation Area off Bliss Rd/ SR4022 on the north side of the Lake, while those who are doing the longer hike will carpool to the 5.4 milepost on FLT Map CH3.

#### ***Directions to Meeting Location:***

Take US15 south to the Pa.49/Lawrenceville/Elkland exit and take Pa.49 (Barney Hill Rd) west for about 4.8 miles. The Rec Area will be on your right between Croft Hill and Bailey Hill Rds.

Here is the link to the MST map that covers the Pa. part of the hike we are doing: <http://hike-mst.org/images/pdfs/SectionUpdates/Maps/t20.pdf>. Did you know? The 525 kilometer long Midstate Trail was the first hiking trail in the US to use metric measure. Founded in the late 1960's by Dr. Thomas Thwaites and the Penn State Outing Club, the trail's use of the metric system was thought to be a "patriotic measure designed to help end our cultural isolation and ease our chronic balance of payments problems." Contributed by Peter Fleszar.

## **"Ed Sidote" Summer Hike**

*Saturday, August 2, 2014*

*FLT Map M23*

### **Pharsalia, FLT Map M23 (Chenango County)**

#### ***Hike Leader:***

Warren Johnsen, [wjohnsen@roadrunner.com](mailto:wjohnsen@roadrunner.com), 607-373-3054

#### ***Hike Description:***

We are offering a short 5 miler and a long 9 mile hike. Both start and finish at the same place, on Map 23. Trailhead is off County Rte 10 at the intersection of Stewart Road and Hoag Childes Road. Both hikes will visit the new Pharsalia Woods Lean-to, the Sidote Bench, and the 2011 Tornado blow down area. Long hike participants should bring lunch and drinks. Short hikers should bring snacks and drinks. Goodies will also be available at the Pharsalia Woods Lean-to.

#### ***Meeting Location:***

Meet at 9:00 AM at intersection of Stewart Road & Hoag Childes Road. Refer to Map 23. Locate County Route 10; look for green Finger Lakes Trail Sign at Stewart Road. Trail is approximately 1/2 mile up Stewart Road at a sharp right hand turn.

## **"Erv Markert" Fall Hike**

*Saturday, Oct 11*

*FLT Map O1 in Cortland County*

### **Onondaga / Skyline / Fellows Hill Trails**

#### ***Hike Leader:***

Sigi Schwinge ([sigischwinge@aol.com](mailto:sigischwinge@aol.com))

Take in the sights found on this 10 mile stretch combining parts of the Onondaga, Skyline and Fellows Hill Trails



# A Walk on the Wordy Side

Marla Perkins

Welcome to *A Walk on the Wordy Side*. In this (hopefully) ongoing feature, I will introduce readers to linguistic information relevant to hiking and the Finger Lakes Trail. I invite your input on topics you'd like to see covered here.

First, a brief introduction: linguistics is the study of language as such, rather than the study of any specific language, although material from specific languages leads to ideas about general patterns. I usually explain this by saying that linguistics is to the study of specific languages what mathematics is to the study of various physical sciences. Linguistics gives us the background information that underlies languages and makes them make sense. Language is a human intellectual activity that is exhibited in spoken and sign languages, as well as in writing. Linguists look at all aspects of language, from its social and cultural contexts to its sentence and word structures to its sounds and sound patterns.

Linguists attempt to describe what people actually do with language. In other words, we're specifically trained NOT to be grammar snobs, the sort of people who tell other people not to split infinitives or end sentences with prepositions. However, I am also fully trained as a grammar snob and can play both games with the best of them, whoever "them" might be.

On a recent walk on the loop trail on Connecticut Hill, I wondered about the origins of the name. Why is there anything Connecticut in New York? I've been told that this part of New York was once part of the state of Connecticut, but that's not historically or geographically accurate (our editor pointed out that there was a part of western New York State that was once part of Connecticut, the Connecticut Western Reserve, but that was mostly in Ohio and nowhere near Connecticut Hill). While I was wondering, I was wandering, and I soon left the orange loop trail and found myself on a less well-marked blue trail, which was not part of the FLT system. I took the opportunity to take a longer walk than I'd planned and enjoyed every minute of it.

"Connecticut" is a word of Algonquian origin and means "at the long tidal river." This makes more sense for the Connecticut River, but names of places don't always describe what they are, and popular names might be assigned to a number of locations (for example, York and New York, Amsterdam and New Amsterdam, Ithaca in Greece and New York).

The spelling in English is an odd spelling for the sounds in the word, which is sometimes written as "quinnitukqut." Unfortunately, because languages constantly change and there are no longer native speakers who would use this word, neither of these is a probable representation of the word's pronunciation. Nevertheless, the word is probably comprised of different units of meaning: \*kwen- "long",

\*-ehtekw, "tidal river", and \*-enk "place/location." This suggests that the Algonquians had a different way of looking at geographic terms: there was a single unit of meaning for tidal river, which, in English, requires at least two such units of meaning, tide and river. Because people tend to have convenient ways to talk about what's important to them, we might expect the Algonquians to have been located near where tidal rivers were, and in fact, all of the Algonquian tribes that had a word like this are located near coasts and rivers.

That works and makes sense, but I still wanted to know why a name from well east of Connecticut Hill ended up on a hill behind my mother's house in central New York, where the Iroquoian languages and people were more often dominant. The Connecticut Hill area was on a border between the Iroquoian tribes and the Algonquian tribes and that area shifted ownership a number of times. The name of the hill came from a time when an Algonquian tribe was in control of the territory, and the name has been retained through hundreds of years of control by descendants of Europeans, making this word a good candidate for toponymy, the study of place names. Some languages are only or mainly known through place names (for example, Cumbric), some of which remain in use even when the people who spoke those languages have all died.

When "Connecticut" is used as an adjective for "hill", the order is modern English, with the adjective before the noun. Even though the word "Connecticut" comes from a non-English language, when it is used in English, it follows English patterns, both for sounds and for syntax (word order). This shows which language is now dominant in the area. In fact, English is now the shared language around the world (a *lingua franca*), which is convenient for those of us who like to travel, even when we find it fun to study language and languages. 🍁

*Marla Perkins, Ph.D., is a linguist and is studying to become a speech therapist. She grew up on the slopes of Connecticut Hill and through-hiked the FLT in 2004 (#181) and has spent her vacations on the trail ever since. She now lives in Flagstaff, Arizona, with her cockatiel Mo, who also enjoys day hikes on the Arizona Trail. She welcomes comments, questions, and suggestions for future columns: marla.perkins@nau.edu*

# Car Spotting Blues

Planning a backpacking trip on the trail always involves thorny logistical questions, many of them revolving around that danged car you need to leave somewhere along a remote country road. Even if you avail yourself of our car spotter services, you still need to leave your car parked somewhere and then hope for days that it will still be there, battery and tires intact, when you arrive at the end of your long hike. While there might be a temptation to leave a note on the dash explaining why it's there, you also suspect that is an invitation to vandals who now know you won't be back immediately. And if it's winter, your chosen road shoulder could be illegal, since we are never to block snowplow work. Hikers' cars HAVE been towed for snow clearing reasons!

What's a body to do? One hiker known as Bigmully from New Jersey relates his own saga on the FLT when he finally reached his car in Swift Hill State Forest on Map M6:

*There was a typewritten note from the New York State Police tucked into the door handle. It said that neighbors were concerned that the vehicle was parked roadside for a number*

*of days, and that this was unusual, so the neighbors reported the incident. The Police saw a New York- New Jersey Trail Conference sticker on the car, so contacted the NYNJTC and got my cell phone number. The Police left a message that echoed the note: they were concerned about my safety and wanted me to call to confirm that all was okay.*

*Once we got within a cell phone service area, I made the call and spoke to the responding officer to confirm that we were hiking the FLT. The officer explained that they were concerned for my safety, that he'd done some internet research on me and assumed that I was out hiking for multiple days. They would have had to consider conducting a helicopter search had the Police not heard back. Wow. The Police were on it!*

Perhaps a smart alternative is to call the local Sheriff of the County where you plan to park beforehand, to tell them where your car will be and what your plans are. Every year we publish the Sheriff phone numbers for trail counties, so USE THIS RESOURCE! See the list on page 34. 🍁

## The Old Maintainer

Trail thoughts from T.O.M., The Old Maintainer: *HELP ME HELP YOU!*

Sometimes as I slave along, tidying the trail for you, I can't help but feel like some hikers just think I'm their slave or their wife or their invisible worker bee, like the weekly trash men, because the hikers actually do things that make my work harder. So, hikers, help a crabby old trail steward keep it nice for you.

**DO NOT STEP ON STICKS.** With too many sticks paving the trail, it gets pretty ratty, so I always flick sticks off the path at least twice a season everywhere, more often in some places. Every time you step on one, it becomes three sticks. Teenage boys love to stomp sticks and knock over dead saplings. So if each of you avoids the teenage boy predilection, my work is easier and the trail is nicer to walk on.

I actually ran into a group of 8 or 10 very adult hikers, one of whom proudly claimed that "We're helping! We crunch all the sticks for you." My gasps were audible for a half-mile.

Also please resist the tall person's urge to snap off offending branches that might touch his extraterrestrial head that runs along the trail at least a foot above mine. If you don't carry small pruning clippers, then all you do is half-break a living branch, which then hangs vertically from the bent spot down into the faces of ALL hikers, whether they are 4'11" or 6'2" tall. You are NOT helping! Horseback riders do that all the time, but luckily most of their handiwork is above us walkers, and just slaps them again on the return trip. **DO NOT BEND OFF SIDE BRANCHES IF YOU DON'T CARRY PRUNERS.**

Kvetch #3: **PLEASE REPORT PROBLEMS TO THE OFFICE** at [trailreport@fltconference.org](mailto:trailreport@fltconference.org) or 585/658-9320. They will get the news to the right person a lot faster than you hikers just assuming I'll be along in a day or so to find out anyway that a humongous tree crashed across the Wispswillow Bridge and broke it in two. You don't have to adopt a section of trail, but you can be responsible enough to keep us informed.

I may have just been there doing routine maintenance, so might not return for a month or two, leaving the problem unattended if you won't report it. I could also be better prepared when I return to that piece of trail if I already know I need a certified chain sawyer, or a new widget, or whatever. Over the last twenty-five years, I remain astounded at the serious crashes or fixable problems that remain unreported until I happen to discover them...you know, like "Oh, your trail just got clear-cut for a quarter mile from A to B!" That happened again in spring of 2012, at the hands of a new landowner who didn't inform us beforehand of his plans. But neither did any hikers report the difficult stretch before I happened to come upon the mess. Or sometimes there is a windy ice storm two counties west of me that I'm not aware of, but it leaves a mess on "my" trail. I won't know about it if you don't tell us.

So please help us help you. 🍁

T.O.M.



# Donation in Memory of Bob Muller, Ultimate Trail Angel

Irene Szabo

In our last issue, we remembered Bob Muller, end-to-ender #5 and trail worker extraordinaire, who recently died at 93. Naturally, as is often the case with us volunteers who dive deeply into trail projects, he was an odd duck. Beloved by his trail friends, he was nonetheless a strange cootie whose cooking skills ended at bologna sandwiches when he couldn't obtain his usual meals at McDonald's. His large and perfect blazes seemed to be done with a rectangular template (they weren't), he LIVED on the trail all summer in order to keep up with maintenance and projects building new trail, and he also retired from a job at Kodak rather than learn computers. But what a helpful pal he was!

One time Steph Spittal and I were hiking in snow between two cars to measure a section of trail near Dalton on Map M8 with the old homemade wheel and to take notes for one of the early guidebooks. Bob kept showing up at crossroads, just to make sure we were okay. We kept protesting that he could go do something more productive with his day, that we were fine, but he insisted. The car we walked to at the end was one of those new fangled things with a power lock, not a standard keyed lock, and naturally it FAILED. Daylight was fading, we'd had a long hard walk in the cold, and we were stranded in the middle of nowhere long before cell phones... and Bob drove up. Needless to say we were drop-dead grateful to our shining knight!

Another person who is even more grateful to Bob for endless favors is Susan Yee. In 1994 she and hiking partner Phyllis Younghans became end-to-enders #33 and 32, respectively, because good old Bob insisted on chauffeuring them between trailheads, gradually all the way across the state! So they didn't need to use two cars or backpacks, because they had Bob, who would drop them off at the beginning of a day's hike, meet them at every road crossing, and then be there at the end of the day to carry them home or to a motel. Nor would he accept gas money. He wouldn't even let them buy him a meal at a roadside restaurant, so Susan learned to bake just so she could make good snacks for them.

Talk about a trail angel! Meanwhile, Bob would while away his time clipping and tidying various trailheads along the way, because he knew there is nothing more discouraging than a grimly tangled trail departing from the road. Every trailhead he touched became an inviting bower that could make a couch potato want to take a hike. He also often helped Phyllis with the section of trail she and her sister Marge Boone sponsored on Map M13 northeast of Savona.



*On Map M20, at Underwood Hill Road east of Interstate 81 in the middle of upstate, Susan, left, and Phyllis, far right, finish their quest in 1994 to become end-to-enders 33 and 32, respectively, back at a time when only eight women had preceded them. In the back center are Irene Szabo and Bob Muller.*

As a memorial to Bob, Susan Yee has entirely funded a shelter on Map M12 that had already been planned for 2015. On a property where we already have a permanent easement between Longwell and Van Amburg Roads, Susan's donation will cover all the materials for an Alley Cat crew to build a shelter near what has long been known as Irene's Camp, a place where Bob and Hudson

Close helped build new trail back in the earliest 90's. As it stands now, this one will probably be a handsome post and beam style as designed by Rob Hughes, a fitting monument to Bob Muller and an attractive facility that will be seen by many hikers in this heavily used Hammondsport trail region. The current landowner, who bought this trail easement property willingly, has already approved the shelter location at the back end of her new place, and will appreciate the handsome design.

So we all thank Susan for her generous donation in honor of a generous trail friend, Bob Muller, with a trailside shelter that will serve hikers for generations to come. 🍁

**Welcome to our newest  
Forever Society Members**

**Anonymous  
Joseph Daley  
Nancy Kleinrock & Steve Shaum  
Jewell Wright**

# From the Archives: Revisiting Recent Pivotal People

Georgianne Vyverberg, *FLT Archivist*

## David Marsh

Every Finger Lakes Trail member contributes to the trail in one way or another, whether it is by working on trail, leading hikes, or writing a check. Some however go the extra mile and that is the case with David Marsh. David served as Board President from 2006-2009 and for two years before that as Vice President of Finance. That last sentence is a simple statement, but David's contributions are far from simple.

First a little background: David grew up in the Albany area where his parents purchased an old farmhouse, which he helped his dad renovate even as a youngster. His dad, an avid outdoorsman, took David with him on fishing and hunting trips, but he also spent a lot of time on his own in the woods and fields. He began reading books on natural history and still does. Nearly every one of his presidential messages in the *FLT News* contained some reference to the natural world with significant quotes from writers like Edwin Way Teale, Wendell Berry, Robert Frost, and Marge Piercy.

David's financial career with Corning Glass and Eastman Kodak gave him a broad working knowledge in accounting, comptrollership, and financial management. He says that whenever he joined a Board he would naturally assume the work of the Financial Officer. We were fortunate that these skills were brought to the Board when David was encouraged by Irene Szabo to join. David says he sat in on a couple of meetings out of curiosity and could see that his skills might be useful. He admired long time Treasurer Peter Wybron's methods and wanted to see these methods documented in a manual. This went further and a series of Policies and Practices (PPs as they became known) were drawn up which



David at dinner at the NCTA annual conference in '08 at Cazenovia, hosted by the FLTC.

included financial, accounting, and control and practice policies for the FLTC. For the first time we hired an outside auditor and a Finance Committee was formed, which would oversee all financial activities of the FLTC and make recommendations to the Board. When David became Board President he encouraged Jarret Lobb to join where Jarret brought even more sophistication to this new financial structure.

Every year the Board of Managers holds a weekend retreat to work on issues too big to handle in regular meetings. David, in the first retreat of his presidency, initiated a long range planning exercise. I was on the BOM then and it turned out to be a very exciting and constructive activity. What came out of that retreat was the idea to shift the focus of simple stewardship of the trail to actual preservation of the trail, a vital step in the maturation of our Board and organization. The institution of a Vice President of Trail Preservation also came from this introspective work.

Another important practice that was initiated by David was the formation of the Club Presidents Council and the first meeting took place in March 2008. This was a big deal bringing people from across the entire length of the trail to talk about their problems and ideas for the Finger Lakes Trail. The objective was to "preserve and protect the FLT by maintaining and strengthening relationships with and among affiliated clubs, which will bind these organizations and facilitate establishing common objectives for the trail."

David is very active in bird and habitat conservation, and regularly practices his love of hiking, snowshoeing, and Nordic skiing on N.Y. and FLT Trails. His legacy to the FLT is evident in the way he brought attention to the necessity to assure that there would be permanent trail protection and long term financial security. These goals are ever present whenever the Board of Managers meets. As he liked to say in ending his presidential messages in the magazine, "Remember the trail ends only in your mind." 🍁



Send **address changes** to  
Finger Lakes Trail Conference  
6111 Visitor Center Rd.  
Mt. Morris, NY 14510  
or [FLTinfo@FingerLakesTrail.org](mailto:FLTinfo@FingerLakesTrail.org)



# A Naturalist's View

Randy Weidner

*We welcome a new columnist on our natural world, Randy Weidner. By way of introduction, he says,*

I am a retired family physician with a lifelong interest in Natural History. My strongest areas are mushrooms and birds, but I know well the local trees, wildflowers, butterflies, dragonflies and damselflies, ferns, and geology. I am endeavoring to learn more about mosses, lichens and moths. I am the unofficial Naturalist at Mossy Bank Park in Bath, NY. I write a weekly article called What's Up at Mossy Bank Park for the *Steuben Courier Advocate* which also appears in the *Waterfront Weekly* distributed around Keuka Lake. I have had an article about Mossy Bank Park published in *Life in the Finger Lakes* magazine.

## A NATURALIST'S VIEW

Randy Weidner

The Finger Lakes Trail stewards are ever on the look-out for trouble along their section of the trail. Trying to avoid wet spots, leveling out uncomfortable side grades, and dealing with downed trees are all part of the job. The winds of winter coupled with the extra weight of ice and snow make this a particularly busy time dealing with fallen limbs and trees. Unfortunately, in much of our area, we now have another major factor contributing to both tree fall and increasing understory weed growth under leafless ash trees. This is a small metallic green beetle, the Emerald Ash Borer.

Ash trees, particularly White Ash (*Fraxinus americana*), are common in our well-drained upland woods. Less common, preferring wooded swamps and stream or pond margins is the Green Ash (*Fraxinus pennsylvanica*). The two ash species appear quite similar and can be distinguished by a few features, but their habitat is usually the best differentiating feature. In

summer, ashes have compound leaves, 9-12 inches long, (Green Ash generally smaller), typically with 7 leaflets (3 pairs and a terminal leaflet), dark green above and pale green below. The seed body is shaped like an elongated teardrop, looking somewhat like half a maple's winged fruit body. But perhaps the easiest way to spot an ash at any time of the year is to notice its



A dead ash tree near Bath showing pale patches where bark has fallen off from emerald ash borer damage.

Jim Bagley, DEC State Forester


gray bark, tightly furrowed in a diamond pattern. The bark surface is rather smooth to the touch, so tight are its furrows. In spring, ashes are among the last trees to leaf out but turn color early in the fall, ranging from yellow to maroon.



Irene Szabo

A relatively healthy ash, so far, on the Letchworth Branch near the Mt. Morris Dam and FLT Service Center. Notice how far that ash has grown in diameter in the 22 years of this part of the trail's existence; those wide shreds of yellow paint tell us that this tree is growing out in the open in good sunshine in an ex-farm field.

The Emerald Ash Borer is an invasive species from Asia. These beetles are active only in summer, killed by the frost. They are a half inch long, uniformly metallic emerald green, with wing covers that taper to a dull point well past their hind legs. The most similar native insect is the beneficial Six-spotted Green Tiger Beetle, which is always found on the ground, and sports 6 white spots along the edge of its metallic green wing covers, with hind legs extending well beyond its abdomen. Emerald Ash Borer larvae overwinter just beneath the bark in the living cambium layer of the tree. They are inactive in midwinter but in spring will start eating the tree's cambium, tunneling along in a winding path. This activity often draws the attention of woodpeckers who hear them tunneling and drill the tree to get them. In May or early June the pupae emerge through characteristic 1/8 inch "D" shaped holes in trunks and limbs. These holes are diagnostic, but not easy to spot. Our ashes have no resistance to these beetles, and infestation usually leads to death of the tree.

When hiking, keep a lookout for sick ash trees. One symptom of infestation is dying back of the smaller tree branches. Even in winter it is easy to notice ashes with no fine terminal twigs. Another symptom is splitting of the bark on the trunk or whole patches of bark missing. A third symptom is epicormic branching, whereby the tree sends out multiple new sprouts from the trunk in a last effort to survive. And as mentioned above, active woodpecker drilling is also a symptom. If you find a down limb or tree, peel back the split bark and you will usually find the twisting gallery grooves of the long gone larvae. Noticing signs of diseased ashes is in your own interest, especially on windy days when diseased or dead limbs and trees could fall at any time. Enjoy your winter and early spring hikes, but be vigilant for signs of diseased ashes and the invasive Emerald Ash Borer. For more information about this pest, contact the USDA Forest Service at 1-866-322-4512. Because the Dept. of Environmental Conservation in NY is trying to track where the EAB has infested, please report observations to the DEC hotline at 1-866-640-0652 or [firewood@gw.dec.state.ny.us](mailto:firewood@gw.dec.state.ny.us) 

# End-to-End Update

## Jacqui Wensich, End-to-End Coordinator

### Newest End-to-End:

#### **Main Trail:**

#369 Jack Sexton, November 4, 2013, Vestal (Jack's third E2E hike, 204, 334 and Branch Trail 76). Jack has also done a "3500" (climbed all Catskills peaks over 3500 feet), a winter 3500 and the 3500 grid, which means he climbed all 35 peaks every month for a year. That equals 420 peaks....WOW!! [www.catskill-3500-club.org/](http://www.catskill-3500-club.org/)

#### **Updates:**

Sigi Schwinge(#230) of East Syracuse is three-fourths through her second end-to-end hike and Laurie Ondrejka (#347) and Deb Nero (#346) have only about 40 miles to complete their branch trail end-to-end.

**Notes:** The county hike series were started in 1991 by Ed Sidote as a way to encourage more main trail end-to-enders. Before the early 90's there were very few hikers who completed the trail. In fact only 12 hikers (total) had completed the main trail from 1974-1992! After 1992 the average number of enders increased dramatically to 18.4 per year with several large spikes for Ed's 90<sup>th</sup> birthday and the FLTC 50<sup>th</sup> Anniversary. In 2013, 17 hikers completed their main trail end-to-end hike.

#### **TIPS for aspiring E2ERs:**

1. Review the End-to-End Hiking section on the FLT website.
2. Join the FLT yahoo group (often find more spotters, specific location hints)
3. Purchase Joe Dabes' updated manual for thru hikers
4. Purchase New MAPS (remember FLT members receive a 20% discount for all purchases.
5. CHECK trail conditions online frequently.
6. If you are not already a member, join the FLTC; membership supports this wonderful trail.
7. LET ME KNOW you plan to complete the main/branch trails.
8. Email captioned photos as you hike and keep trail notes so you can write your E2E article.

FLT Membership: Besides receiving a discount, you also support the trail. The FLTC is supported by its members. Sometimes I am asked to send out car spotters lists and give out all kinds of assistance to folks who are not even FLTC members. Being a member is an easy way to support the trail you love to hike and to thank all the volunteers for all their hard work to keep our trail functioning.

#### **Car Spotters:**

We ALWAYS need more car spotters, so please email [jwensich@rochester.rr.com](mailto:jwensich@rochester.rr.com) to apply or find the form directly from the website. This includes the Branch Trails. Hikers and spotters: please take photos of your spotters/hikers and send to me with comments. I will add your comments to this report.

(For a complete list call or email below. The car spotter list is NOT published on the website)



Ed Sidote, Dave Sutfin and Phil Dankert, left to right, at the Chenango County Hike Series in 2001.

After discussing it with Ed Sidote, we decided to have three categories for E2ERs. *Segments*, *Continuous* and *Backpacking* (added for those hikers who do large segments but not continuously. 🍁)

"Happy Hiking" from Ed Sidote

**Contact:** Jacqui Wensich  
[jwensich@rochester.rr.com](mailto:jwensich@rochester.rr.com)  
585-385-2265



Michael Maue, end-to-end #361, celebrated his accomplishment with this tattoo.



# FLT Members: Join the NCTA, Too



As President Pat Monahan urges in his column in this issue, there are many good reasons for our FLTC members to join the North Country Trail Association, too. Supporters who are members of both get to join the NCTA at a reduced rate of \$23, while 25% of those dues come back to the FLT! In addition, per a longstanding agreement between the FLTC and the NCTA, \$2000 per year is paid by the latter to the host trail, the FLTC, once a year. For financial reasons alone, your membership in both is a great bargain for the host trail!

And who doesn't want to be a part of the longest Congressionally-authorized National Scenic Trail ever undertaken, currently 4600 miles from western North Dakota to the eastern border of New York, and soon to be lengthened by the addition of Vermont? It's an exciting

project, a trail of great variety since it takes in prairie, the Boundary Waters Canoe Area, Pictured Rocks National Lakeshore, hilly national forests in southern Ohio and western Pennsylvania, over 420 miles of the FLT, AND a route through our own Adirondacks.

Our own capabilities on the trail have been greatly enhanced by both NCTA Field Grants and National Park Service "Challenge Cost Share" programs, which have provided project material costs, DR mowers, a tool trailer, meals for Alley Cat crews, hand tools, first aid kits, and chain sawyer training along with protective gear.

The NCTA is the organization which administers the trail through its volunteers in the field, much like the FLTC does within New York, while the National Park Service is the federal partner for the whole trail, providing funding and expert assistance to the NCTA and its affiliated partners who host actual trail.

Please consider adding an NCTA membership to your FLT support with the coupon here. You'll receive their quarterly magazine *North Star*, too. 🍁

*A message from your representatives to the NCTA Board of Directors, Mary Coffin and Lynda Rummel*

## Join the North Country Trail Association

### A Special Deal for FLTC Members!

Now you can join the North Country Trail Association for just \$23 per year! You'll get a subscription to North Star magazine, and the satisfaction of helping develop the North Country National Scenic Trail. To join, send this coupon to:

NCTA, 229 E. Main St., Lowell, MI 49331 or call 866-Hike-NCT

Name(s):
Address:
City, St. Zip:
Phone (optional):
Email (optional):
<input type="checkbox"/> I'm enclosing a check for \$23 payable to NCTA
<input type="checkbox"/> Please charge my credit card (MasterCard, Visa or AmEx only)
Card #: _____ Exp. Date: _____
Name as it appears on card: _____
Signature: _____

**Hiking 101** is a series of four guided hikes which are geared towards the novice hiker, as well as more experienced hikers looking for a slower paced short distance hike. This year's series will be a continuation of the 2013 series on the Bristol Hills Branch Trail in Steuben and Yates Counties in the Naples area. This hike series is considered an easy to moderate level of hiking, and will vary from approximately 4 to 6 miles in distance. Dates are June 22, July 20, August 17, and September 14.

Questions?

Contact Kim or Terry Meacham at 607-324-0374 or [meachamk@yahoo.com](mailto:meachamk@yahoo.com)

To register use this link from our website:

<http://www.fltconference.org/trail/whats-happening/hike-programs/sampler/>

# 2014 Steuben County Hike Series

*Jet Thomas, Steuben County Hike Series Coordinator*

Photo by Jackson "Jet" Thomas

The 2014 FLTC County Hike Series, "Hiking the Hills of Dairy Country," will cross the 66.5 miles of trail in Steuben County in seven hikes from April through October. The Series will begin in April on Pennsylvania Hill Road, which is located just over the county line at the eastern edge of

Allegany County, and will continue eastward for seven hikes, finishing the trail at the eastern edge of the county on Monterey/Sexton Hollow Road where last year's County Hike Series began in Schuyler County. Bus transportation relieves us of the logistical difficulties of spotting cars at each end. The final hike will be followed by a picnic and awards ceremony in Birdseye Hollow County Park, where we will celebrate the completion of the Series.

Steuben County is the largest county south of the Adirondack Mountains and, like other counties in the Southern Tier, is noted for its abundance of farmland and number of dairy farms. Many streets, towns, rivers and lakes in this region of New York have names that reflect the influence of the Seneca Indians who lived here long before 1854 when the county reached its current size. Corning and Hornell are the largest centers of population, and the FLT passes through the outskirts of both Bath and Hornell.

The trail passes ponds, swamps and beaver ponds, farms and old barns, foundations of old houses and stone walls, and an old cemetery. Occasionally the trail will follow hedgerows, old tractor lanes, logging lanes and abandoned roads in forests, while sometimes crossing railroad tracks and many creeks and streams, often on bridges. You will walk through red pine plantations and hemlock forests, climb many hills and admire magnificent views. The trail will even cross the Canisteo and Cohocton Rivers, plus the inlet to Keuka Lake. During July's hike, you will pass the southern terminus of the Bristol Hills

Branch and also experience a spectacular descent through Mitchellsville Creek gorge.

Most of the trail is on private land, with occasional road walks. Only three State Forests will be traversed: Burt Hill, Birdseye

Hollow and South Bradford. Hikes will vary in length from 4.1 to 11.9 miles, with four of them between 10 and 11 miles, and will occur rain or shine. If you have not been exercising yet during this winter, please begin conditioning your muscles soon to prepare for the hilly terrain and long distances. With three exceptions, the series is scheduled for the third Saturday of each month on the following dates: April 26, May 17, June 21, July 19, August 16, September 13 and October 4. The fee will remain at \$40 and covers transportation by bus, a completion patch and certificate, supplies for the SAG wagons and the picnic. To register, use this link <http://www.fltconference.org/trail/whats-happening/hike-programs/cross-county-series/> or call the FLT office at 585/658-9320. If you have any questions, please contact the hike coordinator, Jet Thomas, at [jetset@rochester.rr.com](mailto:jetset@rochester.rr.com) or by phone at 585/671-8949. And remember: It's always a glorious day to be in the woods! 🍁



*Embroidered patch for Steuben County*



# Jarret Lobb Remembered 1946-2013

This man who followed David Marsh as Vice President of Finance took our organization through a major maturing process, along with his predecessor, in which we became the grownup responsible group we need to be by now. His memorial service, when friends and family told loving stories about him, was a revelation.

Legally blind for years with only very poor vision, and afflicted with a bad heart that finally did him in, plus skin that made it hard for him to be outdoors, Jarret nonetheless enjoyed more adventures than most people. He took his sons backpacking on the FLT with Howard Beye's advice, and went on many camping, canoeing, and bicycling adventures with Boy Scouts and family. Ironically, he was very good at finding his way, even though he couldn't see. There were several funny stories about HIM helping his sighted supposed helper find their way, say, back to camp, just because he kept asking smart questions. For instance, where is the sun? Which way is uphill? In other words, he had a good mental picture of where he should be, so always ended up helping the helper find the way, even after dark. He even took himself out alone once in a canoe after dark!

Big on having all the adventures he could, he rode a tandem bike with a teenager and ended up going 56 mph down Italy Hill near the Bristol Hills Branch Trail. Naturally, he learned the actual speed only later, and did not repeat that experience! Even though he was the CFO of Monro Muffler and Chair of the national board of Goodwill Industries, he was renowned for always making the other person feel important and his great sense of humor. Oddly enough, he was very handy at doing electrical and carpentry work at home and for theatre sets. (His wife Barbara is the actress in the family.)

One teenage boy said he had worked these last three summers for Jarret, doing major gardening projects in the yard. Jarret worked alongside the kid, wearing long sleeves to keep his skin out of the sun, sweating like crazy. Finally the kid asked him why he didn't just let the employee do it by himself. Jarret answered that he was going to be as alive as possible for as long as possible.

His family has spread his ashes along the Finger Lakes Trail.

*Irene Szabo, editor and past President*

## RECRUITING JARRET LOBB

*Past President David Marsh shared the following recollections with us, and they make the point well that we should be searching out specific talents for our Board and officers.*

The FLTC had a very solid Treasurer in Peter Wybron, who had kept the records and followed some solid control practices for several years. I had been VP for Finance for two years and we had documented Peter's practices, set up many new policies that strengthened our financial management, hired an auditor, and set up a Finance Committee to oversee all of this. We needed a person to take over from me as VP of Finance who had an appreciation for financial controls, investment management, respect for our established Policies and Practices, (our PP's, as the Board calls them)

and just good business experience. The requirements for this job were different from the requirements for a Treasurer, and many small not-for-profits are not fortunate enough to have this type of person on their board. I scratched my head and surveyed my associations with those in the financial community around Rochester. Well, it seemed very few financial people also hike.

Howard Beye knew Jarret from Boy Scouts, a person who appreciated the outdoors and had been the CFO of Monro Muffler Brake, and was working his way into retirement. When Howard first told me about Jarret, I wondered if a person with limited vision would be able to hike and therefore fit in with the organization. We decided to invite Jarret to lunch at an Italian Restaurant in Pittsford to talk about it.

You know there is no such thing as a free lunch, and I am certain Jarret was aware of what he was stepping into. We began our lunch talking about things that financial people talk about, not material for a novel, of course. We learned of Jarret's experience with taking Monro public, his enjoyment of the Boy Scout organization, and his love of the outdoors, and, that he had cycled across the country. Jarret immediately displayed the curiosity, interest, and appreciation for good financial management in a small organization that we needed. He accepted on the spot.

Working with Jarret was really a joy. He stepped in, embraced our PPs, fit in well with all of the board, and began to hike and socialize as part of the group. Barbara went along on many of the hikes with Jarret, provided comfort to him, and



socially blended very well with the board and FLTC members. As Jarret settled in he expanded our investment practice by consolidating our investment and cash management activities that improved opportunities and streamlined decisions. As President, I enjoyed having a person there who was a self starter and whom I could rely on to do the right things financially. This allowed me to shift my attention to the rest of the organization. I always enjoyed Jarret's enthusiasm, good business sense, understanding of the financial needs of a small organization, ability to get along with everyone, decisiveness, happy outlook, and can-do attitude. He was made for the job.

*From Gene Bavis, retired Executive Director:*

Since Jarret was unable to drive and since he lived between my house and the office, whenever he needed to go to the FLT office, I often gave him a lift. Our trips to and from the office together were wonderful, and I got to know Jarret fairly well. We had a chance to discuss not only FLT business, but also our common involvement in the local Scouting program, family and friends and just life in general.

Jarret was the creator of our FLT Forever Society. When he heard about Ed Sidote's gift of stock to the FLT just prior to Ed's 90th birthday, he and I talked about using the Boy Scout James E. West program as a model to bolster our Endowment Fund. We decided to issue a challenge to our membership to match Ed's gift. It was a huge success. We had 32 charter

members and our current membership is up to 62.

Jarret will be greatly missed.

*From Quinn Wright, our current treasurer:*

I told Jarret one day when he was trying to help me through some accounting issue that I felt privileged that I could call him my friend. He was one of the few people I have ever known who had mastered the art of correcting someone's mistakes yet still leave that person feeling that Jarret valued his or her contribution to the activity. The nuances of finance and accounting have always escaped me but Jarret patiently guided my learning of the FLTC books.

There were so many facets to Jarret and I was able to enjoy his company both with the FLTC and a few beer tasting opportunities at a tasting club in Buffalo. I will miss his friendship, counsel and humor. 🍁

Our sincere thanks for gifts in memory of:

**Jarret Lobb**

from

Gene & Liz Bavis

Richard Colby

Roy & Laurie Dando

Philip Dankert

Peter Dillman

Gina Halasinski & Charles Levensgood

Roger & Ruth Hopkins

Dick & Mary Jo Hubbard

Scott Lauffer

David & Linda Marsh

Calle Norman

Glenn Rodemerck

Ed Sidote

Jay Zitter & Bill Fair

Those mailings you members get from the FLT Service Center don't put themselves in the envelopes, so kind volunteers like Bruce and Carola Hanat spend hours doing that job. On the same day, Jan. 27th, school was closed for snow, so Office Manager Jen Hopper's daughters, Erin and Katie, helped, too.

Photos by Jen Hopper.





# Our Money: Where it Comes from and Where it Goes

*Quinn Wright, Treasurer*

Jarret Lobb, VP of Finance, had announced in the Fall issue that he planned such an article; his major objective to make the books of the FLTC transparent to its management, members and benefactors. It is with a heavy heart that I try to carry out this objective of Jarret's. I don't possess the skillset, training, or the experience in finances and accounting that Jarret so generously donated to the FLTC, so I am a little nervous about how effectively I will present the information that he aspired to offer for your consideration. I hope that he would be pleased.

All of the comments and data are presented in light of the mission of the FLTC. No matter our means of serving the FLTC, every decision must be guided by the mission statement that reads "The mission of the Finger Lakes Trail Conference is to build, protect, enhance, and promote a continuous footpath across New York State. Forever!" The key words of "build," "protect," "enhance," "promote," and "Forever" are critical in reviewing how our stewardship of the finances and investments of the FLTC is measured. Jarret's hope was to inform us as to how effective the organization has been in this stewardship. While he and I discussed this subject a number of times he never revealed to me what he intended to say.

In the over fifty years of the existence of the FLTC there has been a steady influx of very competent and effective leadership teams. From a dream to a reality the FLTC now encompasses nearly 1000 miles of main and branch trails. This development has come at the cost of volunteer time and labor, and landowner generosity that is not measureable in dollar terms, yet those two are the most significant donations. On average about 25,000 hours of volunteer time are donated every year. This discussion will be centered on the ten year period of 2003-2012. At the current minimum wage value of \$7.25/hour that ten year volunteer contribution is \$1,812,500! In fact, Congress and the National Park Service value our volunteer labor at \$22.14 per hour, so even one year is worth \$553,500 of free service to the public. Furthermore, the value of the generosity of the various landowners over whose property our trail traverses has an inestimable worth that far exceeds any guess one might make.

To follow are some bar and pie charts to explain where the operating funds of the FLTC come from and how the FLTC utilizes those funds.

The first two key words are "build" and "enhance." From my perspective that means not only constructing new trail, trail improvements and hiker facilities, but also replacing and improving those same things. Every year our budget and the budgets of our member organizations include money to address these parts of the mission. On average sixteen percent (16%) of our budget is spent directly in support of those thousands of volunteer hours spent in building, maintaining and enhancing the trails. Those dollars almost exclusively buy the materials and supplies necessary to accomplish those two areas of building and enhancing.

Almost every other dollar is tied to administrative activities that address not only building and enhancing, but also "protecting" and "promoting" the FLTC trail system "forever." We will soon begin a new initiative targeted at vastly improving how we promote the trail; as a result, our budget may see some significant changes to support that effort to increase public awareness of the trail and to increase our membership. Prior and current management teams have religiously saved money for the express purpose of supporting future requirements to "promote" and to "protect" the FLTC. If the FLTC is required to become more aggressive in those initiatives even more money will probably be necessary.

From where does our money come? Of course there are the annual membership dues which account for twenty-seven percent (27%) of our income. Measured against the number of trail miles per dollar of membership, the cost of membership is almost free. A Life Membership costs \$400 or forty cents per mile. An annual membership of \$40 means that a member is paying only four cents per mile. What a bargain!!

What other sources of revenue does the FLTC have? Some of these funds come from the annual appeal or campaign and other donations account for about forty percent (40%) of our income. The FLTC has been privileged to have a fairly steady stream of cash donations in the form of contributions without specified purposes. Further, there has been an even greater volume of donations that are specifically targeted for trail development (Sidote Funds) or for trail protection (Endowment).

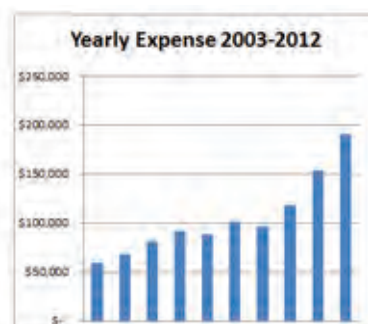
The balance comes from grants, programs and sales. These vary in volume from year to year but still account for about one third of our income. Grants almost always cover dollar for dollar a specified budget item. Program (for example, spring and fall weekends, hike series) almost completely offsets program expense. Sales, while only sixteen percent (16%) of our income, do generate good profit margins. There is one caveat on the sale of maps, however, because in today's world of electronic communication it becomes more and more difficult to protect the major source of that revenue from electronic compromise.

I have also provided a more detailed spreadsheet history of the ten year period from 2003 to 2012 of our income and expenses. The most significant information is that over that 10 year period the FLTC has been able to invest approximately \$355,000 in conservatively directed funds. Those investments are currently worth \$688,000. The stewardship provided by Jarret Lobb and the Investment Committee deserves great respect for the wonderful job that he and they have done.

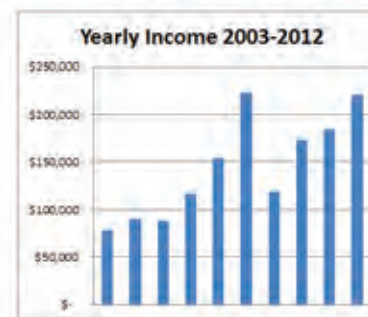
However, one should not be lured into the comfortable feeling that the FLTC has plenty of money. It bears repeating that prior and current management teams have religiously saved money for the express purpose of supporting future



As compared to



As compared to



requirements to “promote” and to “protect” the FLTC. If the FLTC is required to become more aggressive in those initiatives **much more money will be necessary.** “Promotion,” or in other words, advertising, of the wonderful experience and benefits of enjoying the FLT system will require a significant investment. The surest means to protect the financial health of the FLTC is to grow its membership numbers at least ten-fold. Growing that membership will put a significant focus on our Membership and Marketing Committee and the finances required to accomplish the charge of promoting the FLTC successfully will be dramatic.

And no less important is the additional charge to protect the trail. That may require periodic purchases of critical properties over which the trail passes. Without the financial resources to do just that, the FLTC risks losing the continuity of the trail across New York State! We need to grow our cash reserves to no less than \$7,000,000 so that we can protect the New York’s pre-eminent public trail known as the Finger Lakes Trail! Much work remains to accomplish that goal. In the memory of Jarret Lobb I encourage all of you to find and enlist new members and to find benefactors for the preservation of the FLTC. 🍁

Year	Total Income	Campaign	Contribution	Dues	Grants	Sales	Program
2003	\$ 77,204	12.0%	14.6%	35.5%	16.3%	13.0%	8.5%
2004	\$ 89,898	14.5%	11.3%	34.0%	13.1%	15.3%	11.7%
2005	\$ 87,642	18.6%	16.3%	35.0%	3.1%	15.1%	11.7%
2006	\$ 116,266	13.7%	12.4%	30.0%	9.0%	27.5%	6.8%
2007	\$ 153,652	9.4%	37.6%	24.4%	1.1%	15.7%	11.6%
2008	\$ 222,057	8.1%	50.8%	17.5%	6.4%	10.9%	6.2%
2009	\$ 117,694	16.1%	18.4%	34.0%	3.4%	22.6%	5.3%
2010	\$ 172,274	9.3%	27.0%	22.5%	7.5%	14.8%	18.8%
2011	\$ 184,206	9.7%	55.5%	22.1%	8.0%	13.3%	10.3%
2012	\$ 220,032	9.7%	34.9%	19.4%	3.3%	12.5%	11.0%
Total	\$ 1,440,925						
Average Income Distribution	\$ 144,093	12%	26%	27%	7%	16%	10%

Year	Total Expense	Trail	Program	News	Office	Postage	Payroll	Cost of Goods	Insurance
2003	\$ 58,962	26.3%	7.2%	10.3%	13.7%	7.2%	30.3%	4.5%	0.0%
2004	\$ 68,407	9.2%	12.3%	10.4%	19.5%	7.0%	29.4%	5.7%	6.5%
2005	\$ 81,091	15.4%	8.4%	10.0%	22.3%	6.3%	27.1%	6.4%	4.1%
2006	\$ 91,550	12.0%	3.9%	9.0%	31.2%	5.9%	28.0%	5.8%	4.3%
2007	\$ 88,175	4.5%	15.5%	9.9%	33.2%	6.1%	22.1%	4.8%	4.1%
2008	\$ 101,805	15.4%	8.3%	9.5%	26.8%	5.7%	24.2%	5.8%	3.8%
2009	\$ 96,040	8.9%	5.7%	10.0%	32.8%	5.7%	26.6%	4.6%	5.5%
2010	\$ 118,853	9.3%	23.4%	8.0%	19.2%	4.8%	25.9%	5.0%	4.4%
2011	\$ 153,614	28.3%	10.9%	5.8%	25.6%	3.6%	19.8%	2.7%	3.1%
2012	\$ 190,733	29.6%	8.8%	5.4%	25.9%	3.2%	19.8%	4.9%	2.4%
Total	\$ 1,049,230								
Average Expense Distribution	\$ 104,923	16.0%	10.5%	8.8%	25.0%	5.6%	25.3%	5.0%	3.8%

10 year average income	\$144,093
10 year average expense	\$104,923
Average Available for operating cash, saving and investment	\$39,170
10 year total income	\$1,440,925
10 year total expense	\$1,049,230
10 year available for operating cash, saving and investment	\$391,695
Balance	\$391,695
Rolling Operating Cash	\$36,695
Invested for Trail Development & Protection	\$355,000
Current value of invested funds	\$688,579
Net gain on investments and savings	\$333,579



### TRAIL LAND FOR SALE

If you've ever wanted a slice of the Finger Lakes Trail to own and protect, now is the time to act! This beautiful 240 acre parcel is located in the Town of Bainbridge on the edge of the Catskills with over two miles of the FLT meandering across it. The property



Supplied by realtor

has additional trails that have been lovingly maintained for additional hiking and recreation.

The FLT adjoins this property from Neff Hill Rd. which is just off Route 206 on your way to Walton. The first mile is a nice level hike down an expansive trail that's wooded on both sides. As you begin the hike, you'll

notice a picturesque hemlock grove to the left and nestled within is a beautiful spring fed pond. Imagine cooling off in your own pond after a long July hike on the FLT!

As you move further along, crossing small seasonal streams, the trail begins a gentle slope upward that opens to a small clearing. As you continue, the FLT slopes down and traverses one of two hills located on the property. The trail continues through a beautiful mix of hard and softwood forest filled with abundant wildlife and the occasional stream. Eventually, you will spill out onto the Route 206 section of the trail heading toward Bainbridge. With Bainbridge and Interstate 88 a short drive away, you are perfectly located to access everything this part of New York has to offer. To the south is Walton and the Catskills, heading northwest takes you to the Finger Lakes and just to the east is the Leather Stocking Region with Cooperstown and Otsego Lake. Yet with all this accessibility, the property is found on a quiet dead end road with all the privacy you need. There's electric service allowing for a year round camp/getaway or permanent residence. Now is your opportunity to keep a terrific property in the FLT and call it your own!

Offered exclusively by New York Land Quest. Priced to sell for \$398,900. Contact Frank Myka at 607-644-2632 to learn more about this incredible property, and to schedule a private showing.

### FINANCE COMMITTEE APPOINTMENTS

I am pleased to report to the membership that two key Board of Managers committee appointments have been made in the last several months. Kathryn Barrett has been appointed as Finance Committee Chairperson. She will lead the committee to oversee all aspects of the FLTC finances including recommending financial policies and reviewing financial statements for Board approval. Kathryn is a certified public accountant. Kathryn is a Director with Freed Maxick and works in their Batavia Office. Rick Wall has been appointed to lead the Investment Committee. The committee meets quarterly to oversee and recommend long term investment strategies to the Finance Committee/Board of Managers. Rick is Vice President of Academic Affairs at Canisius College and a certified financial accountant.

If anyone with financial background is willing to assist on the Finance Committee or the Investment Committee, please contact the Office at [fltinfo@FingerLakesTrail.org](mailto:fltinfo@FingerLakesTrail.org) or (585) 658-9320.

Pat Monahan

### SHERIFF PHONE NUMBERS IN TRAIL COUNTIES

Allegany	585/268-9200
Cattaraugus	716/938-9191
Chenango	607/337-1857
Cortland	607/758-5599
Delaware	607/ 746-2336
Erie	716/858-7608
Genesee	585/345-3000
Livingston	585/243-7100
Madison	315/366-2300
Niagara	716/438-3370
Onondaga	315/435-3044
Ontario	585/396-4560
Schuyler	607/535-8222
Steuben	607/776-4406
Tioga	607/687-8463
Tompkins	607/257-1345
Ulster	845/340-3802
Wyoming	585/786-8989
Yates	315/536-5172

## FALL CAMPOUT



Save the Dates  
*September 19, 20, & 21*  
For  
Fall Campout  
At  
Chautauqua Institution  
Bellinger Hall

- Hike Maps 1 & 2 of the FLT Trail
- East Overland Trail
- West Overland Trail
- Chautauqua Rails to Trails
- Chautauqua Institution
- Bicycle around Chautauqua Lake
- Paddle the lake, the Chataquoquin River, or feeder streams

### Speakers

Friday-Jonathan Schmitz of the Chautauqua Institute  
speaking about the history of the Institute  
and Chautauqua Lake.

Saturday-Ed Kasperek speaking about Search and Rescue

- Excellent accommodations      Easy water access
- Parking for RV's                      Hotel or Motels nearby

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## ANNUAL NORTH COUNTRY TRAIL NATIONAL HIKE DAY

!!! NEW !!!

1st Annual North Country Trail Association Hike. Hikes to be held by NCT "trail sponsors" across the NCT from North Dakota to New York on the 4th Saturday of each September.

The FLTC will be sponsoring our NCT hike  
Saturday, September 27, 2014  
Little Rock City, FLT Map M2 near Salamanca  
Hike Leader - Mike Schlicht, [pageazi@yahoo.com](mailto:pageazi@yahoo.com)

Full details will be published in the Summer Magazine

*Picture by Kirk Doyle taken of himself and Scarlet in Little Rock City*

## PASSAGES

Brian Nagy passed away while attempting to climb Aconcagua on December 28, 2013. Aconcagua is the highest mountain in the western and southern hemispheres at 6961 meters (22,837 feet), located in the Argentinean Andes. It is one of the "Seven Summits."

I have never known anyone with more of a love for the trail than Brian. His desire to reach the next perfect vista was always present. I have shared many hiking adventures from coast to coast with Brian over the last thirteen years, and he was a great motivator for me to get out on the trail. Brian was also an end-to-end on the Finger Lakes trail. His presence and hiking stories which were always shared on the FLT county series will be greatly missed.

Dave Zimmer



*Dave Zimmer left, Brian Nagy right.*

Jackson "Jet" Thomas





# Spring Weekend, Cazenovia College

## May 30-June 1, 2014

The ADK-Onondaga Chapter will host a unique combined Adirondack Mountain Club and Finger Lakes Trail Conference weekend at the beautiful Cazenovia College campus. Outings will include pedaling, paddling and hiking. Participants can hike on the Onondaga Trail, Finger Lakes Trail, North Country National Scenic Trail as well as other local trails. Pedal the rolling hills and scenic lakeside routes or paddle pristine Cazenovia Lake or nearby lakes. The evening programs will be Dr. Vona's exploits climbing the continental high points and a three piece band, the Honky Tonk Hindooz.

Accommodations will be on the Cazenovia Campus in the college dorms. Registering for lodging will include all three meals, amazingly well done.



Mary Coffin

### SPRING OUTING ADK/FLTC MAY 2014 TRIP LIST HOSTED BY ADK-ON

All trips meet at the college gym parking lot, except A9 & B2 which will meet on quad and walk from campus. Trip leaders will have posters with trip name/number to hold up to attract participants and line up cars.

All trailheads are 0-45 minutes from campus **unless otherwise noted.**

**NCT**=North Country National Scenic Trail [NCNST]

**FLT**=Finger Lakes Trail, in NY 422 miles are concurrent FLT/NCNST

**O1 or M20** etc. indicate FLT maps from [www.FingerLakesTrail.org](http://www.FingerLakesTrail.org)

**PARTICIPANTS MUST PROVIDE OWN CANOE OR KAYAK, PFD, PADDLES, OR BIKE.**

#### Friday 5/30/14

**A1 Driving Tour of Four Forests (NCT/FLT) 12:00pm**, easy, 1 mile: Car pool 40 miles to four forests, three trails and three ponds along the trail with optional short hikes at most stops.

**A2 Nelson Swamp (NCT) 1:00pm**, easy, 3 miles: The focus of this gentle stroll will be to locate and identify wildflowers. No elevation change.

**A3 Tioughnioga Wildlife Management Area (FLT/NCT O2), 1:00pm**, easy, 3.2 mi: A more rustic trail due to its location in a WMA, this will not disappoint as a pleasant walk

in the woods. Expect one vista of Cazenovia Lake and a trout stream. Max elevation change 220 ft.

**A4 Fellows Hill Loop (FLT O1) 12:00pm**, moderate, 3.5 miles: Explore Fellows Hill [2019'], one of the highpoints in Onondaga County, Spruce Pond, varied hardwood and conifer forests and the new loop trail in Morgan Hill State Forest with its many streams & gorges. A Passport hike. Max elevation change 350 ft.

**A5 Hardscrabble Rd to Art Park (NCT) 12:30pm** easy, 4 miles: Enter the NCT at Hardscrabble Road and pass through Nelson Swamp Unique Area and after a brief road walk enter the Stone Quarry Art Park where you can stroll around the unique outdoor artistic creations. Minor elevation changes.

**A6 Paddle Nine Mile Swamp, 12:00pm**, easy, 8 mile: Paddle with the ghosts of the infamous Loomis Gang but expect to see lots of birds and flowers. 45 min east of Caz and south of Route 20. PFD, canoe or kayak and equipment required. No rentals available.

**A7 Bamerry Rd to Rt 26 (FLT M22) 11:30pm**, moderate-strenuous, 7.6 miles: Contiguous with B9. Hike past the Link Trail junction [yellow blazes], cross several streams in beautiful mature woods, climb McDermott Hill [1860'], and descend to Seventh Day Hollow and Otselic River. Max elevation change 520 ft.

**A8 Hoxie Gorge to Underwood Hill Rd (NCT/FLT M20) 1:30pm**, easy-moderate, 4.6 miles: Begin on the SUNY

Cortland Nature Trail along a ravine. Note the old stone bridge left from the horse and wagon days and continue through woods and some open fields past streams and one of the oldest trees on the trail. Hoxie Gorge State Forest and private, Gradual 500 ft. elevation change. One hour from campus.

**A9 Cazenovia Preservation Foundation Gorge Trail (NCT) 12:30pm**, easy, 4mi.: **Leave directly from campus quad** and hike north along this former RR bed parallel to Chittenango Creek. No elevation change. Enjoy pleasant, relaxing ambiance.

**A10 Four Lake Bike Loop 1:00 pm**, moderate, 30-35 miles: Cycle right from campus parking lot to back country roads around four small, rural lakes: Tuscarora/Erieville, Eaton, Hatch and Bradley. These lakes were enhanced as reservoirs for the original Erie Canal. Helmet required. Return to Caz. This will be a leisurely ride over a few rolling hills.

### **Saturday 5/31/14**

**B1 Paradise Hill loop & Leanto (FLT M22) 8:45am**, moderate, 4.5 mile: The loop includes the Paradise Garden Leanto dedicated to Howard Beye situated along a refreshing stream in Mariposa State Forest. This a great place to sit and relax or meditate while listening to the stream babble along. Max elevation change 500 ft. **Returns for 4pm FLTC Annual Meeting.**

**B2 College to Stone Quarry Art Park (NCT) 9:00am**, easy-moderate, 3.5miles, **or** 8 round trip: **Leave directly from campus quad** and hike south from the College following the NCT & CPF in Caz to the Chenango Street trailhead then 3.5 miles south to the Stone Quarry Art Park to explore creative sculptures. There is a short climb to the Art Park. Cars can be placed at the Art Park for anyone who needs to get back early **for 4pm FLTC Annual Meeting.**

**B3 Stoneybrook Rd. to Cuyler Cemetery (RT 13) (FLT/ NCT O1) 9:00am**, moderate-strenuous, 5.2 miles: Contiguous with C4&5. This section of the Onondaga Trail starts where it branches off the Main FLT and heads for the Adirondacks while the Main FLT heads for the Catskills. It includes the vista from atop Midlum Hill [1975'] and beautiful gorge, waterfalls and cascades along Maxon Creek as one drops into Irish Hollow via a spur and returns up to the trail. Max elevation change 775 ft., mostly down.

**B4 Highland Forest e2e (FLT/NCT O2) 9:15am**, moderate, 5.2 miles: Hike across Onondaga County Highland Forest Park with a stop at Skyline Visitor Center to enjoy the Limestone Valley view. Expect hills, streams and vistas. We will start on the Pitt easement and a 10% switchback with a view of DeRuyter Lake. Max elevation change 520 ft., gradual.

**B5 Spruce Pond to West Keeney Rd. (FLT/NCT O1) 9:30am**, moderate, 6 miles: Starting at Spruce Pond we will hike in Morgan Hill State Forest via Shackham Pond, Hodgson Family Cemetery and foundations then onto private land for a view of Fabius before descending to West Keeney Road via the Bowen Easement. Max elevation change 450 ft., mostly down.

**B6 East DeRuyter Lake Rd. to Smith Rd. (NCT/FLT O2) 8:45am**, moderate 6.2 mi.: Leave DeRuyter Lake behind and

hike up to DeRuyter State Forest and down to Armstrong Pond for a refreshing break before descending switchbacks to Webber Rd. then across the valley and up to Smith Rd. Max elevation change 510ft.

**B7 Shackham Rd. West to Route 13 (NCT/FLT O1) 8:45am**, moderate to strenuous, 6.7 mi: Start out crossing Shackham Brook on a substantial bridge and following a picturesque cascading stream up to Hemlock Glen Leanto then continue in Morgan Hill State Forest to Chickadee Hollow and descend switchbacks on private land with views of the Truxton-Cuyler Valley to Route 13/W Keeney Rd jct. A Passport hike. Max elevation change 700 ft.

**B8 Shackham East to Shackham Loop (FLT/NCT O1) 9:00am**, strenuous 7.2 miles: See some of the area's best scenery, Tinker Falls, Jones Hill, and Spruce Pond. This hike includes steep climbs and descents through Morgan Hill State Forest and Labrador Hollow unique area with a most spectacular vista from Jones Hill [1964']. Max elevation change 650 ft.

**B9 Paradise Hill Rd./Wood Rd to Ratville Rd. (FLT M22) 8:30am**, strenuous, 7.5 miles: Contiguous with A7. Mariposa State Forest offers ups and downs in a woodsy setting including Stage Coach Hill [1965'] & Crumb Hill [1880'] and several stream crossings. Max elevation change 265ft. 1 hour drive.

**B10 Cheningo Solon Pond Rd. to Telephone Rd. ( FLT/ NCT M 21) 8:30am**, Strenuous, 7.6 mi: Contiguous with C5. Climb over Allen Hill [1980'] then drop into Cheningo Day Use Area, cross Cheningo Creek on unique rock bridge then climb to Hill Top Pond and over Mt Roderick [1900'] and enjoy its views before dropping to the road. A Passport hike. Max elevation change 770ft. One hour from campus.

**B11 Skyline Trail (FLT O1 & NCT) 8:30am**, strenuous but slow paced, 8 miles: Start at Heiberg State Forest, continue through Kettlebail State Forest and descend into Labrador Hollow Unique Area where we will hike the boardwalk and eat lunch by the pond. Then climb Jones Hill on the FLT/NCT to hang glider take-off and finally to Tinker Falls Gorge. Max elevation change 614 ft.

**B12 Paddle Chittenango Creek, 9:15am**, easy, 5 miles: Put in Bridgeport and paddle the gentle, meandering Chittenango Creek. This is the same creek that flows over Chittenango Falls 18 miles south and is joined by Butternut and Limestone Creeks. Paddle to Oneida Lake. Distance paddling on the lake will depend on wind conditions. Take out at Fisher Landing. Second put-in option on Canaseraga Creek for another a short paddle of a couple hours. PFD, canoe or kayak and equipment required. No rentals available.

**B13 Bike Erie Canal Towpath (NCT+) 8:30am**, easy, 30 miles: Start at Chittenango Landing Canal Boat Museum & bike to points east [Canastota NCT Connector] then turn around after lunch and return to Chittenango. Must provide & transport own bike. **Returns for 4pm FLTC Annual Meeting.**

### **Sunday 6/1/14 On your way home.....**

**C1 Chittenango Landing Canal Boat Museum Tour 9:15am**, [Fee: \$6, \$5 senior, collected at registration desk] Museum has the only restored dry dock in the canal, life size canal boat replica, blacksmith shop and much canal history.



North of Caz, access to I-90 and I-81

**C2 Paddle Cazenovia Lake-10:00am**, easy, 6 miles: Enjoy a 2 hour leisurely paddle tour of this almost “Finger Lake.” PFD, canoe or kayak and equipment required. 10:00 am. Put-in & take-out Caz SR 20.

**C2 Historic Walk of Fayetteville 9:00am**, easy, 2 miles: On the way home via I-90 or I-81 car caravan through Manlius to Fayetteville for a 1 hour walk through this historic village [Grover Cleveland, women’s rights, architecture types].

**C4 Stoneybrook Rd. to Potter Hill Cemetery Rd (FLT/NCT M 21) 8:45am**, moderate, 5.4 miles: Contiguous with B 3. Start where the Onondaga Branch departs and hike the Main FLT/NCT south past the Randall Brune Memorial Bench through Cuyler Hill State Forest over Randall Hill [2080’] and through Wiltsey Glen. Don’t miss the spectacular 270 degree view from Stoneybrook Rd. Max elevation change 270 ft. SW of Caz, access to I-81 S.

**C5 Chenango-Solon Pond Rd. to Stoneybrook Rd. (FLT/NCT M 21) 8:30am**, strenuous 7.1 miles: Contiguous with B10. Climb Potter Hill [1980’], cross a meadow and pass old foundation as you enter the woods of Cuyler Hill State Forest. You will cross several brooks and truck trails, ascend Randall Hill [2080’] and arrive at Stoneybrook Road with its spectacular 270 degree view toward DeRuyter Lake. Max elevation change 610ft. 1 hour from campus. SW of Caz, access to I-81 S.

**C6 Spruce Pond to Shackham Pond (NCT/FLT O1) 9:30am**, easy, 4 miles round trip: Hike from pond to pond in Morgan Hill State Forest through mature woods and crossing several streams and visiting a pre Civil War graveyard. Note beaver activity. Max elevation change 140ft. SW of Caz, access to I-81 at Tully & RT 80.

**C7 Fellows Hill Loop (FLT O1) 9:00am**, moderate, 3.5 miles: REPEAT OF A4. SW of Caz, access to I-81 at Tully & RT 80 & RT 13.

**C8 Virgil Mt Loop (NCT/FLT M19) 8:30am**, moderate-strenuous, 4.7 mi: Hike this loop that includes one of the highest points on the trail, Greek Peak & Virgil Mt. @2132’. Expect spectacular views. Max elevation change 532 ft. Drive 1.25 hr, on the way home trip, SW of Caz, access to I-81 S.

**C9 Paddle Eaton Brook Lake 9:15 am**, easy, 4 miles: Paddle Eaton Brook Lake, a small lake with partially undeveloped shoreline. It was originally created as a reservoir for the Erie Canal. It conveys an Adirondack like ambience right in CNY. 20 min. south of Caz and SR 20.

#### Alternative Lodging:

Brewster Inn	315 655-9232	(\$130+)
Braeloch Inn	315 655-3431	(\$150+)
Country Inn	315 655-9101	
Lincklaen House	315 655-3461	
Days Inn	800-992-2694	(\$111)
Beard Morgan House	315 637-4234	800 775-4234 (\$89+)
Craftsman House	315 637-8000	800 797-4464
Baymont Inn	315-463-6443	(\$76+)

#### TO DO ON YOUR OWN or on the way home

- ❖ **Chittenango Landing Canal Boat Museum:** 7010 Lakeport Road, Chittenango, NY 13037-9594, 315.687.3801, [www.clcbm.org](http://www.clcbm.org)
- ❖ **Canastota Canal Town Museum:** 122 Canal St, Canastota, NY 13032 (315) 697-5002, [www.canastota.com/organization](http://www.canastota.com/organization)
- ❖ **Tinker Falls and Labrador Pond:** Route 91 south of Route 80, pond/bog boardwalk
- ❖ **Highland Forest:** Route 80, Fabius, (315) 683-5550, [www.onondagacountyparks.com/highland-forest/](http://www.onondagacountyparks.com/highland-forest/), lodge, trails, farm museum
- ❖ **Heiberg Forest:** Maple Ridge Rd, Tully, NY, 315/696-5629, [www.esf.edu/campuses/heiberg/](http://www.esf.edu/campuses/heiberg/), 3 mile nature trail, wind turbine, field station
- ❖ **NCT & CPF Gorge Trail:** Williams St., [www.cazpreservation.org](http://www.cazpreservation.org), right in town, easy, 4 miles
- ❖ **Lorenzo State Historic Site:** Route 20, Cazenovia NY, (315) 655-3200, [www.lorenzony.org](http://www.lorenzony.org), historic home tours
- ❖ **Chittenango Falls State Park:** Route 13, Cazenovia, NY, (315) 637-6111, [www.nysparks.com/parks/130](http://www.nysparks.com/parks/130), 167 foot waterfall & trails, no camping
- ❖ **Owera Vineyards:** 5276 E Lake Rd, Cazenovia, New York 13035, [www.oweravineyards.com](http://www.oweravineyards.com), 57 acre farm, tours, tasting
- ❖ **Great Swamp Conservancy:** 8375 N Main St, Canastota, NY 13032, (315) 697-2950, [www.greatswampconservancy.org](http://www.greatswampconservancy.org), nature trails, exhibits
- ❖ **Stone Quarry Art Park:** 3883 Stone Quarry Road, P.O. Box 251, Cazenovia, NY 13035, 315-655-3196, [www.stonequarryhillartpark.org/about\\_us.htm](http://www.stonequarryhillartpark.org/about_us.htm), trails, NCT, outdoor sculptures Green Lakes State Park, camping Fayetteville (NYS Parks website) 12 miles



The view from Jones Hill over Labrador Hollow.

Canastota, 11 miles  
Fayetteville, 11 miles  
Fayetteville  
East Syracuse, 17 miles

### **Lodging**

- See Registration form for costs of lodging in the college dorms
- No tent camping is available on campus.
- RVs may be parked in the Gym Parking Lot, at a cost of \$25 per night, which does NOT include meals. RV's must be self-contained, no access to buildings, dorms, bathrooms, showers.
- Dorms have lounge with refrigerator, microwave, stove.
- No AC in rooms. You may want to bring a fan
- Wi-fi is available on campus
- If handicap access is needed, contact Ken Kaufman
- Lost room key fee \$15
- You may bring alcohol for consumption only in your room, not in public areas
- 2 beds per room, 2 people per room (no exceptions), no pets
- No smoking on campus

### **Meals**

- 3 meals are included for each night of lodging in the College dorm (lodging without meals is not available). Meals are cafeteria style and delicious! Trail lunch is "Make your own from a deli bar at breakfast." Many items are available.
- If you have special dietary needs, the college provides foods to accommodate participants (gluten free, vegan, allergy-free, etc)
- Not staying in the dorm? Meals are available ala carte in the dining hall, cash only: breakfast \$5.50, lunch \$7.50, dinner Friday night \$10.00. EXCEPT Saturday banquet, which requires registration fee \$15 (see registration form)
- A number of restaurants are located in the village, within walking distance of the college

### **Parking**

- Parking available **ONLY** in the College parking lot near gym overnight. If you park overnight on the street, you **will** get a ticket. Parking lot is 3 blocks from dorms. You may park for a short time on the street to unload, then move to the parking lot.
- Cazenovia campus map: <http://www.cazenovia.edu/admissions/visit-cazenovia/campus-map>

### **Evening Programs:**

Friday: Cash bar from 5pm to 7:30pm during social hour and dinner.

Friday's program will be Dr. Vora's exploits "Climbing the Highest Peaks on Seven Continents."

In May 2013 Dr. Manoj Vora completed a 10 year dream to hike the highest points on all seven continents; fewer than 300 people worldwide have accomplished this. Dr. Vora will share with us his successes and failures over the 10 years it took to successfully complete his dream.

Saturday: Cash bar from 5pm to 9:30pm during social hour, dinner and the program.

Saturday's program will be the Honky Tonk Hindooz, a 3 piece band performing an eclectic mix of classic pop, rock and country, in a cabaret setting

<http://honkytonkhindooz.com/?s=tonk>

For more information or questions, contact Ken Kaufman, Chair.

**kenkaufmanpe@gmail.com**  
315 685-5990

### **Directions to Cazenovia College:**

#### **From East on NY Thruway (I-90):**

Get off at exit 34 (Canastota). Follow Rt. 13 south to Cazenovia. In Cazenovia turn right onto Albany St. (Rt. 20 west). After the stop light, go one block and turn right onto Sullivan Street. The Admissions Office (Constable Hall) is on the left across from Reisman Hall and the Art Gallery.

#### **From West on NY Thruway (I-90):**

Get off at exit 34A (481). Take I-481 South to exit 3e. Take exit 3e (Fayetteville & Rt. 92). Follow Route 92 through Manlius to Cazenovia. Rt. 92 ends at Rt. 20. Turn left onto Rt. 20 east. Continue to first traffic light and bear left following Rt. 20. At next light, make right turn onto Albany Street. Take second left onto Sullivan Street. The Admissions Office (Constable Hall) is on the left across from Reisman Hall and the Art Gallery.

#### **From South on I-81:**

Take either exit 11 (Rt. 13 north) in Cortland and follow Rt. 13 north all the way to Cazenovia, or continue on I-81 north exit 15 (Lafayette) and take Rt. 20 east to Cazenovia. See directions above for Rt. 20 to Cazenovia College (From west on NY Thruway).

#### **From North on I-81:**

Exit to I-481 south. Continue on I-481 south to exit 3e (Fayetteville & Rt. 92). Follow Rt. 92 through Manlius to Cazenovia. See directions above for Rt. 92 to Cazenovia College (From west on NY Thruway).

#### **From New York City Area:**

Take the Thruway to Rt. 17 west to Binghamton. Pick up I-81 north to exit 15 (Lafayette). Take Rt. 20 east to Cazenovia. See directions above for Rt. 20 east to Cazenovia (From west on NY Thruway).



## 2014 ADK/FLTC SPRING OUTING PROGRAM

Friday, May 30, 2014

11:00 AM -	Arrival at Caz College and register (dorm rooms not available before 2:00 PM)
11:30 AM – 1:00 PM	Trips meet for departure, Gym Parking lot (times vary)
1:00 – 6:00 PM	ADK and FLTC Stores open, Hubbard Hall Morgan Room
5:00 – 6:00 PM	Social Hour with cash bar, Hubbard Hall Entrance Area
6:00 – 7:30 PM	Dinner, Hubbard Hall Dining Room
7:30 – 9:00 PM	Official Welcome & Introductions. Evening Program, Dr. Vora, Climbing the Highest Peaks on Seven Continents, Morgan Room

Saturday, May 31, 2014

6:00 AM	Coffee available, dining room
7:00 – 8:30 AM	Breakfast, dining room (with sandwich bar for lunches)
8:00 AM	Registration table open
8:30 AM -	Trips meet for departure, Gym parking lot (times vary)
1:00 – 6:00 PM	ADK and FLTC Stores open, Morgan Room
4:00 – 5:00 PM	FLTC Annual Members Meeting, Morgan Room
5:00 – 6:00 PM	Social Hour and FLTC Forever Society Reception, Hubbard
6:00 – 7:15 PM	Banquet, Hubbard Hall Dining Room
7:15 – 8:00 PM	FLTC Awards and Presentations, Morgan Room
8:00 – 9:30 PM	Musical entertainment, cash bar available, Dining Hall

Sunday, June 1, 2014

6:00 AM	Coffee Available, dining room
7:00 – 8:30 AM	Breakfast, dining room (with sandwich bar for lunches)
7:30 AM -	Checkout and turn in keys
8:30 AM -	Trips meet for departure, Gym parking lot (times vary)
8:30 – 11:00 AM	ADK and FLTC Stores Open, Morgan Room
9:00 – 12:00	FLTC Board of Managers Meeting, Harden Room



Mary Coffin

*Along the blue-blazed Onondaga Trail in early spring at trillium time.*

**Registration for ADK/FLTC Joint Spring Outing May 30, 31- June1, 2014**

**Registration Deadline May 10, 2014**

**Host: ADK-Onondaga**

**One person per form. There should be a completed form for each person registering. PLEASE PRINT**

NAME: \_\_\_\_\_ [ ] male [ ] female Home Phone: ( ) \_\_\_\_\_

Address: \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ email \_\_\_\_\_

age if under 18 \_\_\_\_\_ **Confirmations by email unless USPS requested by checking here [ ]**

**IN CASE OF EMERGENCY NOTIFY:**

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Address: \_\_\_\_\_

**FEES: Registration Deadline May 10, 2014. Sorry no refund after 5/10/14 Costs are per person unless noted**

[ ] Registration \$20 \$ \_\_\_\_\_

[ ] Staying in campus dormitory room [includes 3 meals/day: dinner, breakfast, lunch]  
single room & meals: [ ] \$60 Friday night + [ ] \$65 Saturday night (includes banquet) \$ \_\_\_\_\_

double room & meals: [ ] \$50 Friday night + [ ] \$55 Saturday night (includes banquet) \$ \_\_\_\_\_

[ ] If dbl room list roommate \_\_\_\_\_. If none, available roommate of same gender will be assigned.

[ ] Linens: add \$12 [sheets, pillowcase, pillow, blanket, towel, washcloth] otherwise bring your own \$ \_\_\_\_\_

[ ] Saturday night banquet **if not staying in dorm on Saturday night** \$15 \$ \_\_\_\_\_

**No "walk ins" for banquet, as we need a head count for food preparation**

[ ] Self contained RVs in Gym parking lot \$25/ night [ ] Friday night + [ ] Saturday night per vehicle \$ \_\_\_\_\_  
(Meals NOT included. No building access provided)

**Total enclosed: check payable to ADK-ON** \$ \_\_\_\_\_

**TRIPS:** Select trips by number and alternate choice if 1<sup>st</sup> choice is full or cancelled

Friday first choice \_\_\_\_\_ 2<sup>nd</sup> choice \_\_\_\_\_

Saturday first choice \_\_\_\_\_ 2<sup>nd</sup> choice \_\_\_\_\_

Sunday first choice \_\_\_\_\_ 2<sup>nd</sup> choice \_\_\_\_\_

**ADK & FLTC RELEASE OF LIABILITY - FOR ENTIRE WEEKEND**

By signing below, I acknowledge that all activities sponsored or conducted by the Adirondack Mountain Club (ADK) or Finger Lakes Trail Conference (FLTC) may be hazardous, and may result in loss, damage, injury or death;

With full knowledge of these dangers, I hereby agree for myself, all of my family and heirs, to RELEASE ADK and FLTC and any of its employees, members, trip leaders, chapters, groups, clubs, sponsors, representatives or agents from liability, claims, demands or any causes of action, and NOT TO USE OR OTHERWISE MAKE ANY CLAIM against the ADK or FLTC or any of their chapters, groups, representatives or agents whatsoever which may arise during my participation in any activities of ADK/FLTC.

I intend this RELEASE OF LIABILITY to be effective whether or not any loss, damage, injury or death RESULTS FROM NEGLIGENCE of the ADK or FLTC or any of its agents, leaders, instructors, guides, officers, directors, or representatives. I understand that negligence means a failure to do an act that a reasonable careful person would do, or the doing of an act that a reasonable careful person would not do, under the same or similar circumstances, to protect himself/herself or others from loss, damage, injury or death.

I assume full responsibility for any personal injuries, including injuries resulting in death, which might occur as the result of the negligence or lack of care of ADK or FLTC, its employees, members, chapters, trip leaders, groups, representatives or agents.

I agree to be solely responsible for my own safety and to take every precaution to provide for my own safety and well-being while participating in activities of the ADK and FLTC. I accept full responsibility for the well being of any person under 18 years of age) when acting in the capacity of parent or guardian of that person.

Signature \_\_\_\_\_ Print name \_\_\_\_\_ Date \_\_\_\_\_

If under 18, parent or guardian must sign here: \_\_\_\_\_

Signature

Printed name

Send this form and check payable to **ADK-ON with notation for 2014 Spring Outing to:**

Kathy Disque, Spring Outing, 785 Fyler Rd. #23, Kirkville, NY 13082 315-656-3383

For general questions contact Ken Kaufman, Spring Outing Chair, **KenKaufmanPE@gmail.com**, 315-685-5990





# The Minnesota Hiking Celebration

Thursday, August 21<sup>st</sup> – Saturday, August 23<sup>rd</sup> at Spirit Mountain in Duluth  
By Florence Hedeon, Event Chair

The Minnesota Hiking Celebration is just that...a celebration of the

great hiking found in Minnesota and the Duluth area, in particular. Sponsored by the North Country Trail Association's four Minnesota Chapters with support from the Superior Hiking Trail Association and the City of Duluth, the event is also a celebration of the volunteer organizations and government agencies that partner to make all of this great hiking available!

If you've never been there, Duluth is a truly amazing place. Nestled on a ridge at the head of Lake Superior, it is Minnesota's fourth largest city. It features a wealth of cultural and tourist attractions plus there are 40 miles of the Superior Hiking Trail running through the City. "Through the City?" you ask. Duluth is a truly wild city, steeply descending to its busy harbor through forested hills and tumbling streams. Never are we far from real trails, even downtown.

We will also be hosting a **Hiking and Outdoor Exposition** to run all day on Saturday. This unique event will feature hiking & outdoor gear vendors, informational booths of nature and trail organizations, booths spotlighting regional environmental issues, and workshops presented by local experts.

You will be making many arrangements to suit your own needs, for example, lodging and meals, but the planning committee aims to provide you with all the information you will need. One



One of many rocky tumbling streams within the city of Duluth, with City-provided bridges.

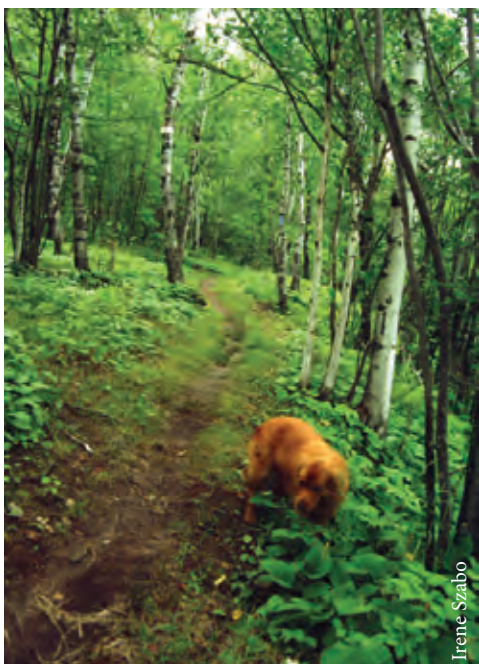
formal evening program and group meal is being planned on Thursday, for which you will be registering. Luke Jordan, who walked the entire North Country Trail in 2013, will provide the feature program that night.

Hikes range from a large selection of short mid-day hikes to one 18-mile monster led by Luke Jordan himself. Without travelling very far, you can walk the downtown Lakewalk between breweries or along the forested hillside near Skyline Drive, with frequent amazing views of the river and harbor below. There are also self-guided NCT hikes offered on the scenic Superior Hiking Trail, a treat everywhere with waterfalls, immense rocks, birch and maple woods, and viewpoints both inland or out across Lake Superior, or in northwestern Wisconsin through bogs or along ancient portages in the footsteps of the *voyageurs*. There will even be opportunities to work on building new North Country Trail in nearby Wisconsin or just south of Duluth, led by experts.

We encourage you to come to Duluth early and stay late! The schedule will connect you with pre- & post-event recreational options ranging from sampler hikes in the Boundary Waters Canoe Area Wilderness to hikes on new segments of the NCT near Itasca State Park.

The event website contains a list of local lodging options in the area. Book ASAP because Duluth and the North Shore are very popular in the summer!

Plans for the celebration continue to evolve. For the most current information on this event, visit <http://northcountrytrail.org/trail/states/minnesota/duluth/> or contact me at [hedeencf@arvig.net](mailto:hedeencf@arvig.net). You can also join our event's Facebook group at [www.fb.com/groups/1374276859496625/](http://www.fb.com/groups/1374276859496625/). 🍁



Sandy Szabo along the Superior Hiking Trail near the fabulous Skyline Drive above Duluth's harbor.

# Finger Lakes Trail Calendar of Events

March 8 ..... Board of Managers Meeting, Mt. Morris  
 April 5 ..... Trail Council Meeting, Canandaigua  
 April 26 ..... First Steuben County series hike (followed by May 17, June 21, July 19, August 16, September 13, October 4)  
 May 1 ..... FLT News Deadline  
 May 1-31 ..... Spring turkey season, ½ hr before sunrise to noon plus April 26-27 youth hunt  
 May 3 ..... Wally Wood Hike (pg. 21)  
 May 10 ..... Board of Managers Meeting, Canandaigua  
 May 30 – June 1 ..... Spring FLT/ADK Weekend, Cazenovia  
 May 31 ..... Annual Membership Meeting, Cazenovia  
 June 1 ..... Board of Managers meeting, Cazenovia  
 June 22 ..... First hike of Hiking 101 series (pg. 28) (followed by July 20, August 17, and Sept. 14)  
 August 2 ..... Ed Sidote Hike, Chenango County (pg. 21)  
 August 21-23 ..... North Country Trail Hiking Celebration, Duluth, MN.  
 Sept. 19-21 ..... Fall Weekend, Chautauqua  
 September 21 ..... Board of Managers Meeting, Chautauqua  
 September 27 ..... North Country Trail National Scenic Trails Day hike, Little Rock City (pg. 35)  
 October 11 ..... Erv Markert Hike, Cortland County (pg. 21)

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**This picture was in the last issue, but printed so small nobody could appreciate the intricacies of the honey bees' nest within the fallen tree, here in greater glory and detail. Taken near Bud Valley Campground, Bristol Hills Map B3, south of Prattsburgh.**

*Photo by Kim Meacham*

